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Delegates in Beijing visit **Glodon**, a 3D software startup, where they are shown a “building information model” that allows designers to digitally measure a building. The business is part of ZDG, a Chinese business development group affiliated with Invest Ottawa. LUCY SCHOLEY/METRO

BEIJING TOUR A GLOWING SUCCESS

Mayor's next stop: Thailand

EXCLUSIVE COVERAGE
metroNews

Feds’ finances to open to scrutiny

LIBERAL GOVERNMENT

Economic update comes amid decline in growth

The new Liberal government will finally crack open the federal books Friday, giving Canadians their first glimpse at the state of public finances since last month’s federal election.

Finance Minister Bill Morneau’s release of the fiscal and economic update will also mark the public’s first opportunity to scrutinize the Finance Department’s numbers since the federal budget in April.

Much has changed in that time.

Over the months, a cascade of downgraded economic growth projections have poured cold water on the more optimistic spring predictions that were put forward by the former

Conservative government.

Morneau’s update will come as Canada continues to try to shake off the negative effects of low oil prices and the squeeze of a sluggish world economy.

Earlier this month, a report by the federal budget watchdog lowered its growth outlook for Canada and warned eroding economic conditions could drive the country into deeper deficits. Like the Bank of Canada and other experts, the parliamentary budget of-

fice blamed persistently low oil prices and weaker-than-expected global growth.

A bleaker fiscal outlook could complicate matters for Liberals as they try to keep projected budgetary deficits from ballooning.

Justin Trudeau’s Liberals won the October election after pledging to roll out large spending plans in areas such as infrastructure, which the party argued will resuscitate economic growth and create jobs.

In doing so, the Liberals also vowed to run annual deficits of just under \$10 billion over the next two years with a shortfall of about \$5.7 billion in the third year before balancing the books in time for the next election.

The economic forecast has worsened since the election, but Morneau has said the new government will stick to the plan for now.

Earlier this month, he said it was “way premature” for any decision on whether the govern-

ment would modify campaign commitments because of the state of the economy.

One of Morneau’s cabinet colleagues, however, went further the next day when asked about the fiscal situation the Liberals have inherited from their Conservative predecessors.

Treasury Board President Scott Brison suggested the Liberal government may have to make adjustments to live up to its election vows.

THE CANADIAN PRESS

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Muslim vote up in 2015

POLL

Turnout hit 79 per cent in Oct. 19 federal election



Michael Woods
Metro | Ottawa

Nearly four out of every five Canadian Muslims voted in the 2015 federal election, a signifi-

cant increase in voter turnout from 2011, a new poll shows.

The Mainstreet Research poll shows an estimated 79 per cent of Muslims voted in last month's federal election, compared to about 47 per cent in 2011.

The turnout number exceeds the overall national turnout, which was 68 per cent.

The poll was commissioned by The Canadian-Muslim Vote, a grassroots, non-partisan organization that worked for months to get out the vote in the Muslim community.

"It certainly exceeded our expectations," said Moe Ladha, the group's associate director. "When we set out, we were hoping to at least achieve something closer to the national average."

The group set out to explain the importance of voting and civic engagement by "communicating with people in their language through channels that they trust," Ladha said.

They spoke with imams at 75 mosques across Canada, who helped promote the message

of civic engagement to their congregations through Friday sermons.

"That encouragement — coming through imams, mosques and channels people could connect with — really reduced the barriers to voting," Ladha said.

They reached out to younger voters using social media and with get-out-the-vote messages from celebrities such as Toronto Maple Leaf Nazem Kadri and actor Zaib Shaikh.

They also dubbed the advance polling weekend as "Can-

adian Muslim Voting Weekend," which Ladha said was "a big factor" in making it easier for people to vote who may not have last time around.

Ladha said the group's work will continue for upcoming elections at other levels of government.

Mainstreet surveyed 802 Muslim-Canadians from Nov. 3-5 across five municipalities.

The poll has a margin of error of plus or minus 3.46 percentage points, 19 times out of 20 for the coverage zone.

REFUGEE HEARINGS

University offers up courtroom



Joe Lofaro
Metro | Ottawa

The University of Ottawa is planning to put an offer on the table to open a campus courtroom to the Immigration and Refugee Board of Canada for refugee hearings now that the Liberals are in power.

The board's local office on Slater Street was closed at the end of March 2014 after the board reviewed its cases and found only two per cent of them were being held in Ottawa, according to spokesman Robert Gervais.

Hearings were transferred to Montreal as a result.

To help ease the burden on local refugees, the University of Ottawa's Faculty of Law pitched the idea to use its Ian G. Scott courtroom free of charge for hearings in a pilot project.

The offer was shot down more than a year and a half ago under the Conservative government.

With the change in government, University of Ottawa law professor Jamie Liew is hopeful the IRB will take up the call.

"Arriving in Montreal sleep-deprived, how will that affect his ability to testify and provide a sound hearing when this person is under extreme stress ... and navigating a new city to attend a hearing?" said Liew.

"It's easier for a board to assess whether or not a person is worthy of refugee protection when that claimant is in the best frame of mind."



WEATHER RAINY DAYS, RAINY DAYS Sparks Street began looking festive as fairy lights went up around the city yesterday, but the Ottawa weather has yet to catch up. Commuters were caught in a nasty downpour Thursday evening. **HALEY RITCHIE/METRO**

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FROM COSTCO



Health Minister Eric Hoskins says Ontario is considering using decommissioned hospitals to temporarily house Syrian refugees expected soon in the province. THE CANADIAN PRESS

Don't blame refugees for Paris, group says

SYRIAN CRISIS

Rise in hate crimes alarms anti-racism coalition

As more news emerged Thursday of anti-Muslim incidents across the country, a coalition of anti-racism groups called on all Canadians to ensure Syrian refugees heading here in the weeks to come don't become scapegoats following the terrorist attacks in Paris.

The coalition, comprised of groups that include the Canadian Arab Federation and the African-Canadian Legal Clinic, held a news conference at the Ontario legislature to decry what it described as an alarming increase in hate crimes.

"We cannot use these new Syrian refugees that we commit to bring here to Canada as

a scapegoat for these crimes against other innocent civilians," said Mohamed Boudjenane, the acting president of the Canadian Arab Federation.

"These same people we're bringing into Canada ... are the main victims of these terrorist groups."

The news conference was held as the Toronto Transit Commission reported that two women wearing hijabs were harassed and assaulted on Wednesday. A Muslim student at Carleton University says she found a racist note in her mailbox. And in Montreal, police arrested a man after a YouTube

video showed someone wearing a Joker mask saying one Arab would be murdered in Quebec every week.

The backlash has the anti-racism coalition worried about what's in store for the 25,000 Syrian refugees Canada has committed to settling by the end of the year.

The refugees coming to Canada are not people just showing up at the border, as asylum-seekers often do, said Ontario Health Minister Eric Hoskins — they have mostly been "languishing in refugee camps for upwards of four years" where they may not have had good access to clean water, adequate food and education.

The province has formed an ad hoc cabinet committee on refugees to co-ordinate planning on offering them housing, education, health services and language and employment training.

THE CANADIAN PRESS

“
These same people ... are the main victims of these terrorist groups.

Mohamed Boudjenane

TRANS DAY OF REMEMBRANCE

Vigil will remember victims



Haley Ritchie
Metro | Ottawa

Ottawa's transgender community and allies will come together Friday night to remember a year full of both triumphs and trials.

"The vigil is really about acknowledging the violence and remembering those who are no longer with us — whether they were killed, they took their own life, or they have died of HIV AIDS," said Talia Johnson, the event's organizer

"We still face that on a daily basis. It's a time for the community to get together and remember those who may be forgotten," she said.

Johnson said that while there haven't been high-profile cases of violence in Ottawa this year, not everything is made public and many people have close friends affected by violence and aggression in other cities.

"Part of the format [of the vigil] is inviting people to remember those that they may know and that others may not," she said.

Earlier in the year, a downtown mural dedicated to transgender women of colour was vandalized, but there have also been successes in the city worth celebrating.

The Ottawa-Carleton District School Board introduced gender-neutral washrooms this year and in July, Family Services Ottawa gave an award to two local families raising transgender children.

The vigil begins at 9 p.m. Friday evening at the Human Rights Monument at Elgin Street and Lisgar Street.

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That's a wrap, Beijing

The first leg of Mayor Jim Watson's Asia trip wrapped up on Thursday. Here's a recap of the economic mission this past week. Next, Watson heads to Bangkok for the One Young World Summit.



Lucy Scholey
Metro | Ottawa
IN BEIJING



1 ENTREPRENEURS

Meeting face-to-face

Ottawa's business delegates traded more cards with more Chinese entrepreneurs at ZDG on Thursday. But Lazenby said it will take time before any real deals are struck. The overseas trip is supposed to open doors for entrepreneurs, he said.

2 EXHIBITION

Beijing in miniature

The delegation also toured the Beijing Planning Exhibition Hall. This is a mock-up of China's capital.

3 TENCENT

Interior redesign

One of China's three major search engines, Tencent, has interior design similar to Ottawa's Shopify — the building has several levels of funky meeting rooms and nooks and crannies for working.

4 TECHNOLOGY

Making contact

On the last day of the economic mission on Thursday, the group visited the headquarters of Tencent. It was cofounded in the late 1990s by a group of university students. Here, Watson uses a touch pad to activate a computer screen.

5 INVEST OTTAWA

Leaving a mark

Invest Ottawa CEO Bruce Lazenby digitally signs a photo of the business delegates taken at Glodon.

6 DIPLOMACY

From Huawei with love

A stop at Huawei, China's massive smartphone company, included a tour and a meeting between Watson and the area's mayor.

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Just sayin' hey to Hey Rosetta!

MUSIC

Newfoundland indie sensation reaches 10th year of success



Michael Woods
Metro | Ottawa

Hey Rosetta!, the indie rockers from St. John's, N.L., have been touring their latest studio album *Second Sight* for the last year. It was the first album in nearly four years from the Juno-nominated band known for their soaring, emotionally charged music and energetic live performances. The septet's tour with B.C.'s Yukon Blonde stops at the National Arts Centre on Sunday.

Metro spoke with band frontman Tim Baker by phone this week. The interview has been edited and condensed for length and clarity.

You played the NAC in February and now you're back. What's it like to play in venues like that?

The NAC, especially, is pretty grand. It's almost ostentatious, really. The sound is amazing there, and the room is a real sight to behold empty or full, but especially full. All of these rooms that we're playing now are dream rooms we've been trying to play for quite some time. We're playing a lot of great theatres all the way across. We've been working for a long, long time to get there.



Hey Rosetta! play the National Arts Centre Sunday night with Yukon Blonde. From left: Josh Ward (bass, vocals), Mara Pellerin (french horn, vocals), Adam Hogan (guitar), Tim Baker (vocals, keys, guitar), Kinley Dowling (violin), Phil Maloney (drums), Romesh Thavanathan (cello, guitar, keys). COURTESY SONIC ENTERTAINMENT GROUP

They're different from a club show. I love people standing up and dancing, and we've played some great shows like that in the last couple of weeks. But the sitting ones, they afford you a different sort of experience, especially as a musician.

Do you feel more engaged with the audience in the sit-down venues?

I think you're more engaged.

It's a different sort of performance. There's more pressure on you and it's more nuanced. Ideally, everyone gets up towards the end, like a seventh-inning stretch kind of scenario. There's such a lift to the energy of the place when people finally break the bonds of sit-down passivity.

Before the election, you collaborated with Yukon Blonde on the political protest 'Land You Love.' It

made some waves. Did you expect it to get the kind of reaction it got?

I put it together pretty quickly. I don't always trust things that are easy, but it came out pretty easily. I guess when you start thinking about the last 10 years of our politics, there's plenty to yell about. Then our task was to get it seen by as many people as possible. I wasn't super surprised about it making the rounds. That was

the goal.

Have you gotten any backlash for it?

We've got some pretty nasty comments. We've been playing it and we've had some people walk out.

It's turned into a bit of a celebration. I could see how you'd get your nose bent out of joint if you were very conservative, because in some ways we're just revelling in

“

(Sitting shows) afford you a different sort of experience, especially as a musician ... People are more captive and attentive.

Tim Baker

their defeat. We played it in Edmonton and Calgary last week, and it went well. But we played it at a radio station in Calgary and there were definitely some unamused suits in the back.

What does it mean to have reached your 10-year anniversary as a band?

I think it's an achievement. On the good days, you celebrate and think that's kind of amazing that we've stuck it out. We've built it into a beautiful thing. It's a very healthy, fun-loving family that we have.

This run has been nice; we're on a tour bus, we're playing these beautiful rooms. It feels like a success, like a beautiful story of grit and determination after many days on the road of just utter despair and exhaustion. I think when all the good days and the bad days are all measured against one another and it all comes out in the wash, it's been an amazing experience and I'm proud of us for being 10 years old.



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City extends ATV trail pilot

RECREATION

Osgoode ward gets council approval for road program

City council has approved extending an ATV network pilot program allowing drivers of ATVs to operate their vehicles on public roads in and around Osgoode.

"Through this pilot we've said 'this is the designated path you can use' and it's a pilot because we just don't know how it's going to work," said Rideau-Goulbourn Coun. Scott Moffatt, who is chair of the agriculture and rural affairs committee. "Unfortunately, it's been a challenge to get it up and running so that's why we're doing a two-year extension."

In 2013, the city approved a temporary bylaw allowing

a pilot project for all terrain vehicle (ATV) usage on certain municipal roads and road allowances in the Osgoode ward. Also included in the program were strips of Crown land in reserve for the purpose of making a road in the future, known as unopened road allowances.

Under the bylaw, only registered members of the Nation Valley ATV Club can use the network. This temporary bylaw would have expired on Nov. 30.

Since the pilot launched in 2013, Nation Valley ATV Club – which initiated the development of the pilot – has worked with the city to establish the road network.

However, the mapping out of routes and installation of signage has taken most of the two years since the pilot began, meaning that ATV users only recently began to test it. For this reason, the trail network has not had enough use

“It’s been a challenge to get it up and running so that’s why we’re doing a two-year extension.”

Coun. Scott Moffatt

by ATV club members to gauge the success of the pilot project.

With council having approved an extension until Nov. 30, 2017, during a meeting on Nov. 5, ATV users now have more time to test the routes.

A report to council and the agriculture and rural affairs committee by acting deputy city manager John L. Moser expressed a hope that the trail network would encourage the use of the city's underutilized road allowances between lots and concessions in the ward.

MEGAN DELAIRE/METROLAND MEDIA



A temporary bylaw allowing ATV users to ride on certain public roads in the Osgoode ward has received a two-year extension so the city can better gauge the impact of the pilot on the local road network and traffic safety. METROLAND MEDIA FILE

RIDE SHARING

Consulting firm gives Uber licensing advice to Ottawa



Joe Lofaro
Metro | Ottawa

A leading consulting firm has put forward an idea for the City of Ottawa to create a new licensing category for app-based ride-sharing companies to level the playing field between the taxi industry and newcomer, Uber.

As part of the city's ongoing taxi review, KPMG's report discussed the following three suggestions for consideration:

1. Revamp Ottawa taxi apps to include driver rating and credit card payments and allow for more competition by reducing fares in some circumstances.

2. Create a new "Transportation Network Companies" licens-

ing category, which would force drivers to "meet various screening requirements," carry proper insurance, and to not use taxi stands or pick up street hails.

3. Remove the limit on the number of plates issued by the city so any qualified driver can have a taxi plate.

The third policy option appears to be the most dramatic one. Expensive taxi plates have become a hot commodity and opening them up to more people could open the flood gates to more drivers.

"This approach would reduce the costs of operating a taxi as it would eliminate the need to lease a plate, or to buy a plate, which for the taxi driver usually means borrowing funds which need to be paid back in monthly

loan payments," the report noted.

Each idea carries its own challenges and, according to the report, some taxi drivers have already indicated they might seek damages from the city if the latter two options are adopted.

Coventry Connections president Hanif Patni said Wednesday it would be "not be appropriate" to comment on the KPMG report because it's for public consultations.

In an email statement, Uber spokesman Xavier Van Chau said he was "pleased" with the report.

He added he is "particularly encouraged by the policy option around establishing a new Transportation Network Company licensing category just as has been done in over 60 jurisdictions in North America."

CRIME

Ottawa police charge man in city's 38th shooting

Ottawa police have charged a 23-year-old man following a shooting this week in the neighbourhood near the intersection of Prince of Wales Drive and Meadowlands Drive.

Police were called to a

shooting around noon on Wednesday on the 900 block of Debra Avenue. Police say an altercation between two men inside a residence spilled out onto the street.

Search warrants were executed at two separate residences. Police have not yet found the handgun.

Glodi Bushiri of Ottawa has been charged with discharging a firearm, pointing a firearm and several other firearm related offences.

Anyone with information is asked to contact the Ottawa Police Guns and Gangs Unit at 613-236-1222 ext. 5050. METRO

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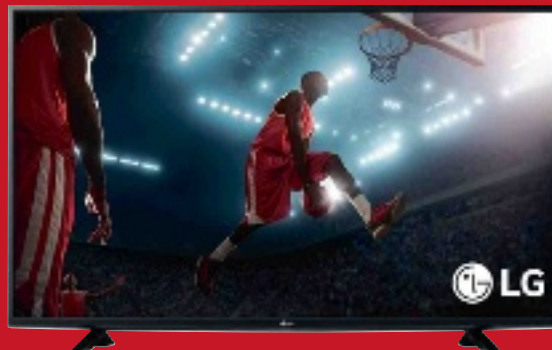
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Sen. Mike Duffy makes his way to the courthouse Thursday as his trial resumes in Ottawa with testimony from key witness Gerald Donohue. ADRIAN WYLD/THE CANADIAN PRESS

'We'd talk for 100 hours a year'

DUFFY TRIAL

Prosecution finally grills elusive witness over \$65K deals

Gerald Donohue wasn't a professional speechwriter or researcher, didn't have any particular public policy background and wasn't the employee or officer of any company.

But over the span of three years, the longtime friend of Sen. Mike Duffy took in roughly \$65,000 in taxpayer money for a variety of contracts, directing the money through a firm owned by his wife and son.

He also signed several cheques on behalf of the firm to other individuals and companies that Duffy wanted paid for Senate work — an intern, a makeup artist, speechwriters.

Donohue's testimony Thursday marked the winding down of the Crown's fraud, breach of trust and bribery case against Duffy. The senator has pleaded not guilty on all 31 counts.

Prosecutors tried several times over the last seven months to call Donohue as a witness, but poor health continually postponed his testimony.

The Crown alleges that the \$65,000 in contracts awarded to Donohue was used as a slush fund for Duffy to pay for services that wouldn't pass muster with the Senate.

By video link from his home in an Ottawa suburb, the witness answered prosecutor Mark Holmes' questions about his relationship with Duffy. The two met in the late 1980s at local Ottawa TV station CJOH — Donohue was a human resources manager while Duffy was then a host.

Over the years, the two men



Donald Bayne, lawyer for embattled Senator Mike Duffy, makes his way to the courthouse in Ottawa as his client's trial resumed Thursday. ADRIAN WYLD/THE CANADIAN PRESS

kept up a friendship of sorts. Donohue was a sounding board for Duffy, who would call to talk to him about a wide variety of issues.

"We talked for hours and hours, for 20 years, the volume of discussions didn't change. We would talk for 100 hours in a year," Donohue told the court.

"He would call me up, and say, 'What about a pension

plan? What about my wife's pension? What about leasing a car?' Whatever crossed his mind, he would call me and I would do my best to give him an answer."

After Duffy entered the Senate, Donohue said Duffy continued to pick his brain — this time for pay. He was asked to research the aging population, which he did on the Internet, or to come up with ideas for

a speech on why Duffy was a Conservative.

Donohue conceded that he signed cheques to other Duffy service providers, even though he had no signing authority at the firm. He also revealed that those cheques were written off by the family companies, first called Maple Ridge Media and then Ottawa ICF.

Donohue said he got upset with the Senate administrators

in 2012 when they refused to stop sending cheques to him personally, rather than to the firms.

Duffy's lawyer Donald Bayne has emphasized at various points during the months of court proceedings that while the payment system was unorthodox, it wasn't criminal. The senator didn't receive any kickbacks and nothing was deliberately kept secret.

During an earlier cross-examination of Senate telecommunications manager Jason Cooke, Bayne pointed out that nobody in the Senate has ever been prosecuted for having an extra phone service paid for.

Duffy had arranged for Donohue to pay the cell bills of one of his staff members, after he exceed the number of phone plans the Senate allowed.

"You will agree with me that equipping office staff, someone who's as important as an executive assistant, to do her office work and do key work in the office is part of the senator doing parliamentary functions, right? It's not private use for the senator is it?"

"No," Cooke replied.

THE CANADIAN PRESS



He would call me up, and say, 'What about a pension plan? What about leasing a car?' Whatever crossed his mind.

Gerald Donohue

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5

THINGS TO DO IN OTTAWA THIS WEEKEND...

Our weekly round up of what's going down across town includes the unofficial start of the holiday season when Santa Clause parades through the city; there's craft shows galore, a feast of the best of European film and a clinic on how to run at the North Pole. **HALEY RITCHIE METRO**

1 **Help Santa Toy Parade**

The unofficial start to the holiday season, the annual festive trooping through downtown on Saturday will kick off at 11 a.m. and finish around 1:30 p.m. The big man in red will of course be making an appearance at the very heart of the action, starting at the National Archives, continuing down Wellington Street, down Bank Street and east on Laurier Avenue to end at Ottawa City Hall. Ottawa firefighters will be kept busy too, collecting toy and cash donations along the parade route.

Saturday

2 **European Film Festival**

See something different on the big screen this weekend during the 30th annual European Union Film Festival, kicking off Friday. All films are presented at the ByTowne Cinema and general admission is \$13. There are a huge variety of subtitled movies from across the EU including offerings from Belgium, Spain, Denmark, Portugal, Malta, France and the U.K.

All weekend



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3 **MEC Snowfest**

We've had a warm fall, but the snow will soon be here. If you're interested in enjoying the ice and snow instead of just enduring it, get your snowshoes on and check out Mountain Equipment Co-Op's annual Snowfest. There will be a gear swap, marketplace and workshops on a wide range of winter activities from winter cycling, to outdoor cooking, to running in the North Pole. The event starts from 9 a.m. to 4 p.m. on Saturday at MEC Ottawa on Wellington Street.

Saturday

4 **Glebe+ Hintonburg Artisan Craft Events**

It's November, which means a whole host of craft fairs vying for your attention. This weekend check out wares from two of Ottawa's trendiest neighbourhoods. The three-day Glebe show takes place November 20-22, with varying times posted to the Glebe Community Centre website. On Saturday, head to the Hintonburg Community Centre for their craft show, which is open from 10 a.m. to 4 p.m.

All weekend

5 **Pitchfest + Expo**

The city wants to be party central in 2017, with "bigger, bolder and better" events for Canada's 150th anniversary. Everyone making the magic happen — from festival planners, businesses partners, arts and culture groups and non-profits — will be gathering at Lansdowne Pavilion to exchange ideas, support and form partnership for the city's celebrations.

Friday



DJ Magnificent is bringing in Skratz Bastid for his Double Barrel six-year anniversary party November 27th at Mercury Lounge. MING WU

Wax museum coming to life

BACKSTAGE PASS

DJ Magnificent has old-school lessons for new kids on deck



Trevor Greenway
Metro | Ottawa

The only thing Alex Edwards needs to make an entire room bounce is seven inches of black wax.

He doesn't need flashy looping buttons, sync modes or sample pads. He doesn't need to put on a three-minute song and then thank the crowd for five minutes. And he doesn't need to hide behind a bright screen, letting his laptop do the work for him. All he needs is a pair of turntables, a crate of 45s and his tympanic membrane to put together a killer set filled with nostalgia, grit and the kind of soul you would expect at an Etta James concert.

The Ottawa DJ, better known as DJ Magnificent, has been digging through crates of records, searching for gems, crowd-pleasers and rare tunes to make his dancefloors move for more than 22 years and he isn't even close to sick of it.

And in a time when most mainstream DJs appear to be more like robotic button pushers behind laptops and cue pads, the fact that Edwards and other DJs in the city are maintaining the craft with vinyl is something we should all cherish.

"There is no rhyme or reason why people have a pet

rock, or why people collect old Mattel toys or Hot Wheels or any kind of collection at all," says Edwards.

"Since I was really young, I was into collecting vinyl. I just got that bug when I was really young and I have just stuck with it. I really, really just love records."

To be fair, Edwards isn't an only-vinyl DJ. He made the digital switch like everyone did in the mid-2000s, but the difference is that he didn't abandon the craft. He's been running a party called Double Barrel since 2009, where he and other old school DJs bring out old funk, soul and reggae 45s for a night of nostalgic cleansing. Next Friday marks the party's six-year anniversary — a testament that revelers still dig real DJs playing real music the real way.

"When people notice that you are using real vinyl, that's awesome. When people notice that you're using 45s and you're playing a party, it's like, 'wow, where did you get those? Did you take those from your parents?' And I have a big grey beard, so maybe somebody has taken them from me and I took them back," laughs Edwards.

"When you bring vinyl and people see you flipping through vinyl and using turntables, I find that there is more of a vibe at a party."

Friday's six-year anniversary will bring that same

vibe and more. Edwards has enlisted the help of DJ extraordinaire and turntablist, Skratz Bastid, to help celebrate six years of seven inches. The multiple DMC champion and world-renowned DJ brings his own flare and will likely bring revelers on genre-spanning trip both to place they've been and places they never thought they'd go. He's that good.

To be clear, Edwards has no issues with laptop DJs. He is one himself and appreciates the ease digital music presents DJs. As he says, "Whatever you do, do it well. There are shitty vinyl DJs too."

But Edwards feels bad for new emerging DJs starting out in this digital world. Growing up, Edwards would spend hours at the front of DJ shows, watching what selectors would be doing on stage,

picking up tips and tricks and ultimately learning how to rock a crowd. He wonders what the future of DJing will look like when emerging selectors see people like David Guetta pushing buttons and playing the formulated, templated EDM song that features a female hook, a crescendo and a bass drop. Snooze.

If you want to see what real DJing looks like, don't miss Skratz Bastid and Magnificent at Mercury Lounge next Friday, Nov. 27. And if you can start stealing your parents' old 45s, do it.

“

There is no rhyme or reason why people have a pet rock or collect old Mattel toys... since I was really young, I was into collecting vinyl.

Alex Edwards

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Leather anniversary for brewer

THE BOTTLENECK

Beyond the Pale toasting to three years in high style

Jordan Duff
For Metro | Ottawa

It's the big three for Hintonburg's Beyond the Pale Brewing.

No Ottawa brewery has pushed the flavour boundaries quite like BTP and, if you've been following these fellas from Day 1, it's incredible to think how much they've evolved in just three short years.

The b'day party is Saturday, Nov. 28 from 8 p.m. until 2 a.m. at Zibi on Albert Island.

Leather is the traditional third anniversary gift, so it will be the event theme. No word yet if BTP-branded and tasselled chaps will be available for purchase, but between Movember 'staches and leather pants, this party is going to look like a Freddy Mercury convention.

Tickets are already more than 75 per cent sold out, so check their Facebook page to find their Eventbrite link.

There will be plenty of beers available with 20 BTP brews pouring (including three fan-favourites: Turbo Cobra Ninja, Peach Funk and Hop on Your Face), plus guest brewery offerings from Beau's, Bellwoods, Great Lakes, Sawdust City and



Beyond the Pale is still shiny and new, and celebrating its third birthday Saturday. CONTRIBUTED

Stone City. Proceeds from the event will go towards supporting the Parkdale Food Centre.

While the party guarantees to be a chafing great time, let's pause a moment and appreciate the journey BTP has taken to get here.

The company opened way back yonder in 2012 when there were only a handful of local Ottawa breweries, and brewed a respectable 1,000 hectolitres of beer.

Fast-forward three years and they expect to increase that output to an impressive

6,000 hectolitres this coming year.

With Ottawa's growing demand for their tasty wares, growth has been needed across the board.

After doubling their floor-space at their storefront/ brewery at 5 Hamilton Ave.

+ LOCAL HOPPENINGS

• Celebrate Black Friday at **Beau's Brewery**, Nov. 27-29, with bus rides, dark brews, merchandise sales and the launch of Phase 3 of their Greener Futures program. In addition to the Best of Beau's mix pack, be aware the brewery will also be releasing three new brews in early December.

• **Yoga on Tap** will be hosted by **Bicycle Craft Brewery** Nov. 30, followed by a potluck: So that's two reasons to wear stretchy pants... Check bicyclecraftbrewery.ca for details.

• **Kichesippi** has launched a new brew. Bristol Stout is available at the brewery. It has a cow on the label.

• **Crooked Mile Brewing** has announced they will be opening next year in Almonte, birthplace of James Naismith. #WeTheNorth

• **Waller St. Brewery** will have ByWard Market gift baskets available including meats, cheeses and beer.

• **Whipsnapp** is throwing a holiday party on Dec. 11 – cask details on their website. JORDAN DUFF/FOR METRO

to 2,000 square feet, they opened a second brewing-only space of 8,000 square feet at City Centre.

Currently keeping the beer flowing are 15 employees, way up from the original three partners.

Most importantly for those who want more access to BTP brews is that their 5 Hamilton storefront hours have been extended and are now Wednesday to Saturday, from 12 p.m. until 8 p.m., and Sundays from 12 p.m. until 5 p.m. Plus, cans of Pink Fuzz are now available at the LCBO.

While growth was always part of the plan, retaining their reputation is also key. But aging does not always mean maturing.

"We want to brew the best beer we can, and have as

much fun as possible along the way," says co-owner Rob McIsaac says.

Having seen the popularity of the BTP booths at past events and the buzz surrounding their special beer releases, they've been meeting those goals so far.

BTP always provides an authentic air of untamed excitement.

Looking forward to year four, BTP has plenty to be excited about as they build out the City Centre space and look to add a tap room and retail space in 2016.

In addition to devoting more time to festivals and events and brewery shenanigans, they will also be expanding their sour program.

But before we talk year four, let's celebrate the leather anniversary.



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FAITH

Hijab Day targets misconceptions

Members of Halifax's Muslim community are confronting misconceptions about their faith by holding an information session about the hijab this weekend.

Anyone who stops by the Halifax Central Library for Hijab Day on Saturday will be invited to try one on.

Abdelkader Tayebi, imam for the Ummah Mosque in Halifax, says he hopes the first-person experience will help people better understand those who wear the hijab, which covers

the head and neck but not the face.

"It's no longer something that is related to a minority or a couple of people, so it has surfaced as a matter of concern to Canadians," he said. "It's being seen as something imported from outside, from the Middle East, whereas it is now a Canadian thing."

Tayebi says there are many mistaken ideas surrounding the hijab, including the notion that men are forcing women to wear them. THE CANADIAN PRESS

CELEBRITY

Trudeau making fans swoon abroad

Justin Trudeau was mobbed by a crowd of several hundred shrieking fans at the APEC summit in Manila, Philippines, in a scene more fitting a rock star than a political leader.

The celebrity appeal of Canada's new prime minister was on full display Thursday as men and women crowded around Trudeau, hoping for a glimpse, a handshake and a snippet of video on their phones.

"He so handsome," said one young fan. "He's like Superman," said another.

His appeal to local residents appeared to have little to do with his government policies

or his famous father. Instead, it seemed they just like his looks.

"He makes us swoon," said Chin-Chin Domingo, who used the Tagalog word "kilig" to describe Trudeau's effects on the crowd. "It's butterflies in the stomach. That's how we feel."

Jono Lyn Cadayong was exuberant after getting a handshake from Trudeau. "I'm speechless. He has nice eyes. I will not wash my hand."

Squeals signalled Trudeau's arrival at a media briefing room where he held a news conference to conclude his day at the APEC summit.

TORSTAR NEWS SERVICE



Fans greet Prime Minister Justin Trudeau in Manila, Philippines on Thursday. SEAN KILPATRICK/THE CANADIAN PRESS



Syrian refugees gather outside their embassy waiting to apply for passports or to renew their old ones in Amman, Jordan, in September. Some of them may be among the 25,000 people resettled in Canada. RAAD ADAYLEH/THE ASSOCIATED PRESS

Government hunts for winter housing

REFUGEES

Notice seeks temporary sites for 500 to 3,000 people

The federal government is searching for temporary winter housing for thousands of people across Canada days before the expected unveiling of its plan to bring in 25,000 Syrian refugees by year's end.

Public Works and Government Services is establishing a list of facilities that can provide winterized housing at various

sites across Canada.

The sites will have to accommodate between 500 and 3,000 people for as long as three months, according to a notice posted Thursday morning.

"The Government of Canada is seeking interested companies that have the capacity, capability and availability to provide leasing, management and servicing of temporary winterized lodgings for groups of 500-3,000 people by early December 2015 at sites to be confirmed," the notice reads.

It's not yet known if the request is specific to the needs of the expected refugees. The Public Works employee respon-

sible for the notice refused to comment.

But the notice states the government requires lodging for both individuals and large families for up to three months, beginning next month. The timing and the requirements strongly suggest a temporary refuge for people fleeing Syria's bloody civil war.

The sites must be completely self-contained, including energy generation, sewer, and waste management, and provide space for an information centre and offices for management personnel, among other requirements.

TORSTAR NEWS SERVICE

PREPARATION

Saskatchewan to set up settlement centre

Days after Saskatchewan Premier Brad Wall said Ottawa should suspend its plan to bring in 25,000 Syrian refugees, his province will establish a refugee settlement centre to co-ordinate the arrival of refugees.

The premier says it's important to ensure that refugees make a successful transition to life in Canada.

CIGARETTES

Cancer Society fears squeezable filters will hook youngsters

One of Canada's largest tobacco companies has introduced a new type of menthol cigarette the Canadian Cancer Society worries could get more teens and young adults hooked on smoking.

The cigarettes, sold by Rothmans Benson & Hedges Inc., contain a capsule of liquid menthol inside their filters, which a smoker can squeeze to get a burst of flavour while taking a puff.

Four brands of the smokes are being sold in parts of Canada for the first time, although

squeezable menthol filters have been available in other countries for years, said Rob Cunningham, a senior policy analyst at the Canadian Cancer Society.

"And we're concerned that this is a new gimmick that will be attractive to kids, that will contribute to experimentation and addiction," he said, explaining menthol can soothe the throat and soften the harshness of tobacco smoke.

"This seems like a last-ditch effort by the company to sell menthol before legislative bans

The sooner the menthol bans come into force the better.

Rob Cunningham, senior policy analyst

come into force."

Alberta and Nova Scotia have already banned the sale of menthol and other flavoured tobacco products, and Ontario, Quebec and New Brunswick

are expected to have similar legislation in place next year.

A spokesperson for Rothmans Benson & Hedges wrote in an email Wednesday, "All tobacco products in Canada contain large graphic health warnings, are not visible at point of sale and require age verification for purchase. Our products are not marketed, or made for sale, to anyone under the legal age, and we support strong legislation to ensure minors cannot purchase tobacco products."

THE CANADIAN PRESS



Cigarettes with a new squeezable menthol capsule inside the filter. NATHAN DENETTE/THE CANADIAN PRESS

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TERRORISM

Female suicide bombers exist, too

The woman who blew herself up with an explosive vest in a suburban Paris apartment during a police operation Wednesday was far from the world's first female suicide bomber.

In the Palestinian territories, about a dozen women have carried out suicide attacks against Israelis since 2002 — including 27-year-old paramedic Wafa Idris, who blew herself up in downtown Jerusalem on Jan. 27, 2002. It was unclear if she planned to commit suicide.

Kurdish women have carried out several suicide attacks in Turkey since the 1980s, as have female members of leftist groups in their campaign against the government. The most recent attack occurred on Jan. 6, when a Turkish leftist group claimed responsibility for a suicide bombing at an Istanbul police station that killed an officer and wounded another.

Two female suicide bombers from Chechnya — belonging to a group known as the “black widows” in Russia — were to blame for the 2010 bombings of the Moscow metro, which killed some 40 people.

THE ASSOCIATED PRESS



Iranian students fill in registration forms indicating their readiness to carry out suicide attacks.

THE ASSOCIATED PRESS FILE



French gendarmes enforce the **Vigipirate plan**, France's national security alert system, throughout Paris. France revealed on Nov. 19 it will spend an extra 600 million euros (\$641 million US) next year to ramp up security after the Paris attacks. President Francois Hollande announced this week that France is freezing plans to cut troop numbers through 2019. At the same time, the country will add 8,500 law enforcement jobs including 5,000 new police. AFP/GETTY IMAGES

Opera brings warmth to France's dark hour

Paris

Toronto-based performers set for opening of Versailles show



Marco Chown Oved
IN PARIS

Barely 48 hours after the horrifying attacks in Paris, members of Toronto's Tafelmusik Baroque Orchestra and Opera Atelier dance company faced a

very difficult choice.

Their presentation of Jean-Baptiste Lully's 17th-century opera, *Armide*, was scheduled to go forward at the Chateau de Versailles just outside Paris, but the companies weren't going to force anyone to get on the plane.

Overcoming their fears, in a show of solidarity, and as a measure of their professionalism, every single one of the 75 musicians, dancers and technicians boarded that flight.

“When we started hearing the news, it was panic in the early hours, the borders are closed and a state of emergency. Everyone was concerned,” said ballet dancer Jennifer Nichols.



I think everyone, unanimously ... said we're doing this together

Ballet dancer
Jennifer Nichols

“But once we heard that the company was moving forward with the tour, ... we wanted to be in solidarity with the French people.”

“There was a lot of trepidation,” agreed Lucas Harris, who plays a type of lute called a the-

orbo. “But everyone else was going and we didn't want to let them down.”

Harris and his wife, Genevieve Gilardeau, who plays violin in the orchestra, went one step further than most of their colleagues: they also brought their four-year-old daughter, Daphnée.

“All the extra security makes us a little uncomfortable,” said Harris. But in the week of rehearsals since their arrival, they haven't regretted the choice.

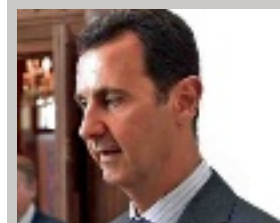
The Toronto performers are now ready for opening night Friday, a performance that's being dedicated to the victims at the Bataclan concert hall.

IN BRIEF

Spanish minister urges collaboration with Assad

Portraying himself as the only viable alternative to jihadi rule, Syrian President Bashar Assad has labeled all his enemies “terrorists” — a designation that, in the wake of the recent attacks on civilians by Islamic State of Iraq and the Levant (ISIL), may find greater resonance.

Cutting a deal with Assad would be the “lesser evil,” Spanish Foreign Minister Jose Manuel Garcia-Margallo said Wednesday. “If we want peace, we have to find a way of getting along with Assad, at least in a transition period ... Roosevelt didn't like Stalin, but he had to get a deal with him in order to defeat the Nazis, who were the greater evil,” Garcia-Margallo said. THE ASSOCIATED PRESS



Syrian President Bashar Assad
GETTY IMAGES

ISIL striving for reactions

ISIL has dramatically expanded its theatre of operations from its hub in Syria and Iraq, executing or inspiring a series of attacks across three continents that claimed more than 800 lives this year.

The mayhem created by those attacks attracts the kind of attention that the extremist group thrives on. ISIL, which has recently lost territory to U.S.-backed forces in Syria and Iraq, seeks to boost its credentials with acts of violence that attract recruits. THE ASSOCIATED PRESS

INTELLIGENCE

Chemical weapons may pose threat to the West: Officials

The Islamic State of Iraq and the Levant (ISIL) group is aggressively pursuing development of chemical weapons, setting up a branch dedicated to research and experiments with the help of scientists from Iraq, Syria and elsewhere in the region, according to Iraqi and U.S. intelligence officials.

Their quest raises an alarming scenario for the West, given the determination to strike major cities that the group showed with its bloody attack

last week in Paris. U.S. intelligence officials don't believe ISIL has the capability to develop sophisticated weapons



They now have complete freedom to select locations for their labs and production sites.

Iraqi intelligence official

like nerve gas that are most suited for a terrorist attack on a civilian target. So far the group has used mustard gas on the battlefield in Iraq and Syria.

Still, French Prime Minister Manuel Valls on Thursday warned that Islamic extremists might at some point use chemical or biological weapons.

“Terrorism hit France not because of what it is doing in Iraq and Syria ... but for what it is,” Valls told the lower house of Parliament. THE ASSOCIATED PRESS

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Migrants wait to cross the Greece-Macedonia border, near the village of Idomeni. Countries along the migrant route through the Balkans have begun tightening restrictions on the wave of people crossing their borders by allowing entry only to those fleeing war. SAKIS MITROLIDIS/AFP/GETTY IMAGES

Closed borders in Balkan countries create pileups

REFUGEE CRISIS

Thousands of 'economic migrants' stuck between nations

Most nations along Europe's refugee corridor shut their borders Thursday to those not coming from war-torn countries such as Syria, Afghanistan or Iraq, leaving thousands of others seeking a better life in the continent stranded at Balkan border crossings.

The overnight decision triggered the domino effect that

both asylum-seekers and European nations had feared given the record number of people fleeing to Europe this year, and new fears after the deadly Paris attacks of possible militants coming in with refugees.

Macedonia, Serbia, Croatia and Slovenia weren't allowing in the so-called economic migrants whose countries aren't shattered by armed struggles and wars.

In the Greek village of Idomeni at the border with Macedonia, police said the border has essentially been shut down to all since Thursday morning. Some 3,000 people are waiting at a camp nearby that provides temporary



We're trapped They won't let my family across. We have no money, and we're waiting without any idea of what is to happen.

Mohammed Mirzani

shelter for those heading north through the Balkans.

About 500 people from Iran, Morocco and Algeria gathered on the border line between Greece and Macedonia to protest the closure. As a result, nobody else from the nationalities that Macedonia is letting through - Syrians, Afghans and Iraqis - were able to cross.

were only accepting people from those three countries plus Palestine.

Slovenia - the next country in the chain - also said it has been turning back the so-called economic migrants.

"This is going to be definitely a challenging situation," UN refugee agency spokeswoman in Serbia Melita Sunjic said. "UNHCR does not think that there is any nation that can be excluded from international protection based on their nationalities, but each case individually should be screened and processed based on the merits of the case."

THE ASSOCIATED PRESS

YEMEN

Rebels free U.S. captives

Three Americans held captive by Shiite rebels in Yemen's capital have been freed, Oman's state news agency and officials in Yemen said Thursday.

The short English-language statement on the Oman News Agency said only that the U.S. State Department had asked Oman to bring the Americans out of the country. It did not elaborate or provide information on their identities.

However, independent security officials in Yemen and members of the Shiite rebels known as Houthis said the Americans had been detained for at least two months at a Houthi security building in the rebel-held capital of Sanaa.

The rebels and the officials, who spoke on condition of anonymity as they weren't authorized to brief journalists, did not say why the Americans were held.

Two of them were working with the United Nations, the officials said, while offering no information about the third.

The Houthis previously said they had detained two Americans on suspicion of being spies, but it wasn't immediately clear if those two were included in the release.

THE ASSOCIATED PRESS

5,700

At least 5,700 people have been killed in the conflict in Yemen since March 26, including 830 women and children, the UN said. The war has pushed the country to the brink of famine, as the UN says over 21 million people — 80 per cent of the population — need humanitarian aid.

TERRORISM

China's president decries killing of hostage by ISIL

President Xi Jinping strongly condemned the killing of a Chinese hostage by Islamic State extremists.

ISIL said that it had killed two hostages it was holding for ransom from Norway and China. The Chinese man had been identified as Fan Jinghui, 50, who once taught grade school.

China's Foreign Ministry confirmed his killing early Thursday.

"Terrorists are the common enemy of humankind," Xi said. THE ASSOCIATED PRESS

LIBYA

Benghazi suspect in U.S. asks for release

Lawyers for a suspected Libyan militant charged in 2012 attacks that killed the U.S. Ambassador and three others have asked a judge to send him home.

The lawyers say the U.S. illegally captured and interrogated Ahmed Abu Khattala last year, and that the appropriate remedy for that is for him to be returned to Libya.

U.S. District Court Judge Casey Cooper did not immediately rule on the request.

Khattala was captured by U.S. special forces in a June 2014 nighttime raid.

He was then interrogated for days aboard a Navy ship while being brought to the United States to face charges in the Sept. 2012 attacks on a State Department compound and a nearby CIA annex.

The attacks killed four Americans, including Chris Stevens, the U.S. Ambassador to Libya.

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IN BRIEF

Haitians cynical about presidential elections

A poll by Brazil-based independent research group Igarape has found deep public suspicion of the first round of Haiti's presidential election. The Igarape exit poll found about 4 per cent of voters witnessed what they considered fraud, which included officials improperly turning away voters, people voting multiple times or casting ballots as a proxy for other voters. Incidents of fraud were witnessed by research team members at 12 polling stations. The U.S., Canadian and Haitian researchers interviewed 1,991 people at 135 polling stations. The survey had a margin of error of 2.29 percentage points. Athena Kolbe, a professor at the State University of New York at Brockport and one of the report authors, said the results suggest people are losing faith in the electoral process in Haiti.

THE ASSOCIATED PRESS

Death sentence must proceed: Pakistani PM

Pakistani Prime Minister Nawaz Sharif has asked the country's president to reject a petition for pardon on the death penalty. The horrific Dec. 16 attack was claimed by the Taliban and prompted Pakistan to lift a 2008 moratorium on the death penalty. Under the constitution, Pakistan's president has the authority to pardon any convicted person.

Since the moratorium was lifted, Pakistan has hanged nearly 300 on death row, most of them convicted criminals — not insurgents.

THE ASSOCIATED PRESS



Former Subway pitchman Jared Fogle arrives at court Thursday. Fogle pleaded guilty on charges of trading child pornography and paying for sex with minors. MICHAEL CONROY/THE ASSOCIATED PRESS

Fogle given 15 years

GUILTY PLEA

Ex-Subway pitchman sentenced for sex with minors

Former Subway pitchman Jared Fogle was sentenced to more than 15 years in prison on Thursday for trading in child pornography and having sex with underage prostitutes, with the judge describing his "perversion and lawlessness" as "extreme."

In an Indianapolis, Ind. court, Judge Tanya Walton Pratt disregarded prosecutors' recommendation that Fogle get 12 1/2 years behind bars, opting for a stiffer term of 15 years and eight months in prison.

She could have sentenced him to up to 50 years.

"The level of perversion and lawlessness exhibited by Mr. Fogle is extreme," Pratt said, who also ordered Fogle to submit to a lifetime of post-prison supervision and pay a \$175,000 fine. She recommended that Fogle receive sex offender treatment in prison and said she'll recommend he serve his time at a federal lockup in Littleton, Colo., that specializes in such treatment.

Before he was sentenced, the 38-year-old father of two addressed the court, apologizing to his victims and his family and vowing to be a better person.

"I so regret that I let so many of you down," he told the court.

"I want to redeem my life. I want to become a good, decent



I so regret that I let so many of you down.

Jared Fogle

person. I want to rebuild my life," he said.

Fogle pleaded guilty to one count each of travelling to engage in illicit sexual conduct with a minor and distribution and receipt of child pornography, as per a deal he struck with prosecutors in August, a month after his suburban Indianapolis home was raided.

Fogle's lawyers called John Bradford, a professor of forensic psychiatry at the University of

Ottawa in Canada, to testify at Thursday's hearing.

Speaking by phone, Bradford said he analyzed Fogle on Aug. 17 and concluded that Fogle suffers from hypersexuality, mild pedophilia and alcohol abuse and dependency.

He said he took Fogle's sexual history, including his sexual interests and tested him to determine what images caused Fogle to be sexually aroused. He said Fogle also told him that he had "a fairly extensive history" of using prostitutes for sex. Under cross-examination, Bradford said Fogle admitted to paying a minimum of about \$12,000 a year for sex.

Fogle agreed to pay a total of \$1.4 million to his 14 victims, with each getting \$100,000.

THE ASSOCIATED PRESS

U.S. BORDER

Migrants return to Mexico

There are many reasons for the historic reversal of migration between the U.S. and Mexico, according the Pew Research Center, which announced Thursday that more than 1 million Mexicans headed south to re-establish their lives in the last five years, while only 870,000 migrated north to the U.S.

Some have grown tired of living in the shadow of the law, and say border jumping has become too dangerous. Jobs are easier to find now in Mexico, and family ties are powerful.

Feliciano Bermejo spent 21 years north of the border, raising three sons who are U.S. citizens, before he was stopped in Atlanta for driving with a suspended licence. He was reported to immigration authorities, and agreed to return to Mexico voluntarily, leaving his family behind, so his record would not be marred with a deportation.

The 49-year-old said he won't try to sneak into the U.S. The border has become too dangerous since he last crossed in 1994, and so he is building a life in Mexico.

When Rodrigo Quiroz got word his 79-year-old mother was dying, he hopped on a bus in Phoenix and rushed back to Mexico. He talked to her by phone on his way, but she died before he was able to catch another bus to his hometown of Culiacan.

"I never got to see her alive again," he said.

At first, the 43-year-old planned to continue his life in Arizona, but realized he no longer had it in him to chase dollars.

"My mother's death really made me think," he said. "I want to be near my family. I don't want to go back to the United States anymore. There's work here too."

Lost in the Arizona desert, Saul Solis ate the fruit of the prickly pear and cut open other cactus to stay alive.

On the ninth day, the 40-year-old could not stand. It took all his strength to wave a mirror he had, sending up a glint of light with the hope it would be spotted. He heard a helicopter circling before he passed out.

When he woke, he had an oxygen mask on and was surrounded by Border Patrol agents. He spent two days in the hospital before he was sent across the border to Mexicali.

"I felt like God gave me a second chance, so now that I'm back, I want to live here," he said. THE ASSOCIATED PRESS

UNITED STATES

High winds cause three deaths, power outages across Northwest

Over 100,000 customers were without power in Washington state Thursday after a powerful storm killed three people and prompted an emergency declaration from the governor.

Gov. Jay Inslee declared a state of emergency Wednesday for all Washington counties, clearing the way for state officials to increase aid to those with storm damage.

Winds on Tuesday exceeded 160 km/h in some areas of the Inland Northwest.

In Portland, Ore., an 80-year-old woman spent the night trapped in bed after a tree fell on her home and missed her by inches during the wind storm.

Wind gusts of 160 km/h rattled areas west and north of Denver, blowing snow and knocking out power.

The storm dumped over a foot of snow in some parts of the Plains and winds created snow drifts several feet high.

THE ASSOCIATED PRESS



Satellite image of the storm.

THE ASSOCIATED PRESS

ROMANIA

Inspection uncovers multiple fire hazards

Romanian firefighting authorities have uncovered thousands of fire safety violations in a range of buildings following a nightclub blaze last month in which at least 57 people died.

In a statement Thursday, the Inspectorate for Emergency Situations said it had checked 1,000 bars, nightclubs, discotheques, cinemas and malls from Nov. 9 to Nov. 16.

Many public places lacked firefighting equipment, fire permits or did not hold fire

drills, the Inspectorate said. It also saw widespread violations of bans on using open flames, pyrotechnics and smoking in public places.

The inspectorate said it found 3,200 violations, of which 430 were fixed during checks.

It said 37 "grave violations" had led to the closure or temporary shutdown of public places and it has handed out fines of 8.6 million lei (\$2.07 million). THE ASSOCIATED PRESS

FOREIGN POLICY

Trudeau makes his mark

Canada's new prime minister departed Thursday from the Asia-Pacific Economic Cooperation summit in Manila, closing his first act on the international stage — trailed by a squealing mob of young Filipino journalists and volunteers and questions about whether any of it might be good for his broader foreign policy goals.

One of the things Justin Trudeau talked about a lot at this summit was the need to put Canada on the front lines of the fight against climate change.

Earlier in the day, that won him plaudits from U.S. President Barack Obama.

But Obama put the squeeze on Trudeau on a key trade issue. The president said that the U.S. and Canada are "both soon to be signatories" to the Trans-Pacific Partnership. Trudeau has said he wants to consult with Canadians and Parliament before moving forward on the Pacific Rim trade pact. But Obama told this summit he wants countries to move swiftly towards ratification.

THE CANADIAN PRESS

LEAP SECOND

UN agency takes its time

The International Telecommunication Union said Thursday that it had considered a proposal to abandon the "leap second" but recommended further study. The practice of adding an extra second has kept computers synchronized with the planet's 24-hour day since 1972. The timekeepers said they needed more details on the impact of ending the practice. THE ASSOCIATED PRESS

Pay gap will take 118 years to close: Report

WORLD ECONOMIC FORUM

Study ranked Canada 30th out of 145 nations

Women around the world will earn less than men for the next 118 years if present trends in pay inequity persist, the World Economic Forum predicts.

The global pay gap between men and women closed by a mere 3 per cent over the past decade, noticeably stalling after 2009/2010, says the forum's annual Global Gender Gap report.

The slow progress means

women are only now earning what men earned nearly a decade ago, \$11,000 on average, the first year the Geneva-based non-profit foundation began tracking the data. Meanwhile, men's average pay has nearly doubled to \$21,000 worldwide.

As the global economy becomes increasingly automated, "we need to create a world where women's contributions and ideals are as valued as those of men," said Klaus Schwab, founder and executive chairman of the forum, best known for its annual meeting of global leaders in Davos, Switzerland.

The report, which also looks at women's progress in edu-

cation, health and political empowerment, found Canada ranked 30th out of the 145 nations surveyed.

Around the world, the Nordic nations remain the most gender-equal societies, led by Iceland, Norway and Finland,



We need to create a world where women's contributions ... are as valued as those of men.

Klaus Schwab

ranking first, second and third, the World Economic Forum said. The least equitable are Syria, Pakistan and Yemen, ranking 143rd, 144th and 145th respectively, the forum's report found. Yemen is the country where women are unable to leave the house without the permission of a male relative, a forum blog noted.

One seemingly counter-intuitive ranking went to the African nation of Rwanda, which came in 6th. Much of it is due to the Rwanda genocide of 1994, which devastated the male population, leaving women to run the country.

TORSTAR NEWS SERVICE, WITH FILES FROM THE CANADIAN PRESS

ROOIBOS HARVEST

Drought hits red lattes

From frothy red lattes to rust-coloured teas, popular rooibos drinks will likely become scarcer and more expensive because of a widespread drought in South Africa, including in scrubland where the rooibos plant normally flourishes naturally.

A devastated rooibos harvest may lead to a 90 per cent price increase, a trade council said on Thursday. The U.S. is one of the biggest importers of rooibos tea.

There was little rainfall during the July and August planting months which could cause the worst harvest in years, the South African Rooibos Council said in a statement.

Farmers will only know the extent of their losses in the first half of 2016 when the volume of the final harvest is known, said council spokesman Ernest du Toit.

South Africa is the only region where the rooibos plant grows naturally.

THE ASSOCIATED PRESS

NOW THAT'S SOME BLING

SECOND-LARGEST

DIAMOND FOUND

Vancouver-based mining company Lucara Diamond Corp. says it has unearthed the second-largest gem quality diamond ever, and the largest discovered in over a century, at its Karowe Mine in Botswana. The 1,111-carat diamond, pictured above, measures 65 millimetres by 56 mm by 40 mm — a rock weighing half a pound that's a little smaller than a tennis ball. Only the Cullinan diamond, weighing 3,106 carats — close to 1½ pounds — and measuring over 10 centimetres in length, beats the diamond found by Lucara. The Cullinan diamond, discovered in 1905 in South Africa, was eventually cut into smaller diamonds with pieces incorporated into the British royal crown and sovereign's sceptre. COURTESY LUCARA DIAMOND CORP./THE CANADIAN PRESS



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ROSEMARY WESTWOOD

You can't help but want a towering figure in feminism like Gloria Steinem to have the best chat of her life, chatting with you. But damn, are you lucky that she's chatting to you at all.



I think I screwed up with Gloria Steinem. She was great. She was (is) interesting, and thoughtful and kind. Also: At ease.

But I was trying far too hard. Maybe it was over-reading all things by and for her, or marking her new book *My Life on the Road*, using "sign here" stickies at my favourite parts, as if I'd have time to touch on them all, worrying how to ask questions she'd never heard before.

Of course, Steinem doesn't need any interviewer to be interesting.

I began by thanking her for her decades of activism.

"Well, you know, I feel the same thankfulness to all the people who woke me up," she said. "It's like a chain, and it just goes on and on, which is the good news."

Many of the people who "woke her up" are detailed in her memoir, a personal history of second-wave feminism from the vanguard, a meditation on the act of listening, a book rich with characters she meets on the road, in planes, taxis and trains, in India, the U.S. and Canada. They teach her and buoy her and offer her hope, and I asked if we all need to travel to get that feeling of optimism.

But she said the road can be a state of mind: "When you

leave your house in the morning, just being open to accident makes a big difference. Take those moments in the elevator, when nobody's talking but everybody's thinking the same thing, or whatever the immediate spontaneous moment is, and going with it to see what happens."

or class, without controlling reproduction."

But are we — young feminists — doing enough to listen to each other, and be broad-minded?

No one's all that great at it, she said with a little laugh.

"I think young women are by and large better at it than

with more men than women, underage pregnancy causing teenage death, sexualized violence and domestic violence.

And she argued that the issue of violence against women should play a central role in foreign policy, too.

If western governments want to separate moderate groups from extremists to find allies in Syria, "the most reliable way of deciding that is attitudes toward women. If we had taken that seriously, we would not have aided the mujahideen, who turned into the Taliban in Afghanistan, for instance."

The only politician advocating that strategy, she said, is Hillary Clinton. Steinem writes in her book that the U.S. wasn't ready to have a woman head of state in 2008 because we, and especially men, "feel regressed to childhood when we see powerful women."

And now?

"I'm not sure." Maybe Clinton's own time as secretary of state has helped, she said, but it will be a "very tough campaign."

At one point, Steinem painted an image of the future that answered my worries that things can't change: "If we raised one generation of children without violence and without shaming and labels and, you know, race, gender roles and so on, we don't know what might be possible."

When I hung up, my mind created an alternate interview: I laughed when she laughed, instead of being too nervous, pleasantness gave way to firecrackers. You can't help but want a towering figure in feminism like Steinem to have the best chat of her life, chatting with you. But damn, are you lucky that she's chatting to you at all.



GLORY TO GLORIA It's impossible not to get star-struck around feminist leader Gloria Steinem, writes Rosemary Westwood of their wide-ranging conversation. GETTY IMAGES

You might, like Steinem, discover your garbage man is your best political adviser.

I told her I see schisms among feminists by race, and she pointed to how the media and some scholars put the social-justice movement into silos, when "What's missing is the understanding of organic connections. It's not possible in any practical way, much less idealistic way, to be a feminist without being anti-racist," she said. Women suffer from both categories, and "in an even deeper way you can't perpetuate race or caste, as in India,

older ones, because they're more conscious of the connections, because they've grown up with more connections."

"Racism is a prison for white folks who are culturally deprived," she added. "You have to get mad on your own behalf: 'How dare this society tell me who my friends are and where I live?' I think you become a more trustworthy ally when you see your own enlightened self-interest in it."

What most concerns her right now, she said, is global violence against women: Infanticides that led to a planet

THE BIG THING: POLITICS & PERSONAL SPACE

He's the Prime Minister of PDA. But are Justin Trudeau's touchy-feely tendencies a weird habit or a successful strategy?

Trudeau gets up close and personal with the U.S. president, bear-hugs premiers and soundly smooches his wife without apparent hesitation. Not to mention his habit of snug-gly selfies with members of the public. But does it work?

Many Canadians enjoy getting hugs, even if they're too shy to give them in public, said University of Victoria psychology professor Robert Gifford, an



mark of 64 centimetres for everyday conversation. (Violating this could indicate an autism spectrum disorder or a specific type of brain damage — no sign that applies to Trudeau).

Outside of intimate relationships, a distance of less than 45 centimetres typically makes North Americans nervous, "cross-eyed" and instinctively want to move away, according to the anthropology text *The Hidden Dimension*.

So, yes, Trudeau's in-your-face style "goes against the classical Canadian behaviour pattern," Gifford said. But that's not necessarily a bad thing: "Maybe we all need to hug a bit more."



expert on personal space. "I would hazard a guess that (Trudeau's body language) works with many people, and in general is a good strategy, whether intended as a strategy or not," Gifford said.

The distance we prefer between ourselves and others varies by culture: People in the Middle East or Latin America, for example, tend to get a bit cosier than Europeans or Americans.

Etiquette expert Debby Mayne recommends a personal bubble of 120 centimetres between strangers, while one group of psychologists looking at norms of personal space used a bench-



It's not possible in any practical way, much less idealistic way, to be a feminist without being anti-racist.

Gloria Steinem

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Richard Crouse
For Metro Canada



Sometimes you just know.

In my line of work, hype and celebrity are occupational hazards. Every day my inbox is stuffed with news releases touting the Next! Big! Thing! You get numb to it after a while, but every now and again someone will come along you know is destined for something big.

Jennifer Lawrence wasn't a star the first time I met her but you could tell it would only be a matter of time until she was. It was 2010, years before she would win an Academy Award or be known internationally as Katniss Everdeen. She was a struggling newbie with just a handful of credits, but a great big buzz surrounding her performance in *Winter's Bone*. Her steely but vulnerable take on an Ozark girl who will do anything to keep her family together was garnering good reviews and the usual phrases like "breakout performance" were being thrown around, but this time it felt different. Real.

I was asked to host a question-and-answer period with her after a screening of the film at a theatre in Toronto, but first we planned a quick dinner with a



Jennifer Lawrence in a scene from *Joy* (left), by director David O. Russell, and Academy Award nominated *Winter's Bone* (right). HANDOUTS

MOVIE RATINGS by Richard Crouse

The Hunger Games: Mockingjay Part 2 ★★★★★
Brooklyn ★★★★★
The Night Before ★★★★★
Man Up ★★

HOW RATING WORKS
★★★★★ SEE IT
★★★★ WORTHWHILE
★★★ UP TO YOU
★ SKIP IT

publicist at a nearby hotel. I've eaten with a lot of actors who order a piece of steamed fish, no butter, no oil and then, rather than actually put it in their mouth, simply move it around the plate until the waiter takes it away.

Not Jennifer Lawrence. She ordered a steak dinner with

sides and ate it all while showing us a cell phone snap of her costume for the *Girl with the Dragon Tattoo* audition. As she chatted, laughed and enjoyed dinner, it was apparent what she wasn't. She wasn't precious or overwhelmed at being on the cusp of something big. She was

doing something rare in this business — being herself and enjoying the ride. In other words the woman you now see photobombing Taylor Swift on red carpets or starring in this weekend's *The Hunger Games: Mockingjay Part 2* is the real deal, someone completely at ease with herself in a business that doesn't usually allow for that.

Later, on the way to the theatre, she opted not to take the provided limo. Instead we walked down Bloor Street. It was on the chilly side, so she draped my suit jacket over her shoulders. Along the way her high heel caught in a crack in the pavement and

snapped off. Rather than hobble down the street, she kicked off both shoes and walked barefoot the rest of the way, her broken designer shoes in hand.

At the theatre I don't remember what we talked about on stage. When I think back on the night I reflect on the sweet spot she was in, career-wise. She was about to become one of the youngest Oscar nominees ever for best actress in a leading role and yet there wasn't an ounce of pretension about her. Charisma? Yes. Talent? In spades.

I don't claim to have some sort of celebrity ESP, but that night I knew in my gut I had

met a star, a feeling reaffirmed when I saw her carry the *Hunger Games* movies on her back and become a leading voice in the fight for pay equality for women in Hollywood.

Want to see a superstar? Watch the last scene of the *Joy* trailer. Shot on an iPhone as test footage it's a close-up of Lawrence's face as she fires off two shotgun rounds. "My name's Joy, by the way," she says. It's a simple image but a magnetic one. It's a movie star moment from the rare actor who commands our attention every time she's on screen. Sometimes you just know.

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THE TV DINNER JESSICA ALLEN



To spoon or not to spoon? Those born in Italy were adamant that it's frowned upon.

about the isolation of the immigrant experience; about love, loss and growing up?

Yes, it was. And I expected the critics would hate the film, which hits theatres Friday, for being overly sentimental. But they are nearly unanimously enchanted. It's a "gorgeous movie about love and the idea that you can't go home," said Indiewire, who also suggests that Ronan is "a sure bet for a best actress nomination."

With a single glance, the 21-year-old actress can so convincingly convey what homesickness looks and feels like that I ached to call my parents. I also became so invested in the difficult decisions her character has to make that my heart raced as though I was watching a thriller.

There was one decision, however, that I questioned. Ellis' den mother, played by the illimitable Julie Walters, helps her practise eating spaghetti, a delicacy that's she's never tried, to prepare Ellis

THE MOVIE:
Brooklyn



THE MEAL:
Spaghetti and meatballs



for dinner with the family of her Italian-American boyfriend, Tony.

Ellis knocks their socks off, as she deftly uses her spoon to twirl the noodles around her forks' tines — just like they do.

Now, there will be two responses to the above observation: Some of you won't bat an eyelash while others will be incredulous: no respecting Italian past the age of five uses a spoon to eat spaghetti. To spoon or not to spoon?

That is the question I posed to friends. Those born in Italy were adamant that it's frowned upon. Plus, they said, you will never be given a spoon for a pasta course at a restaurant in their motherland. Others — including mangiacakes, like me, and second or third generation Italian-Canadians — spoon away. One friend told me that her parents, second generation Italians, used the spoons for noodle-twirling — that is until they travelled back to

their tiny home village in Calabria, where spoons were for soup, not spaghetti.

Could it be that when Italians immigrated to North America, not only their food metamorphosed, gracing us with dishes like pepperoni pizza, penne alla vodka and chicken parmigiana, but also their table etiquette did, too?

After getting lost in culinary history — the invention, popularization and industrialization of pasta — I can't be certain. But Miss Manners has a strong opinion on the matter. "In the civilized world, which includes the United States and Italy," she wrote in 2005, "it is incorrect to eat spaghetti with a spoon."

No matter, because all my research made me hungry for what could arguably be Italian Americans' greatest contribution to modern civilization: spaghetti and meatballs. (In Italy, meatballs, or polpetta, are served on their own, not in "Sunday gravy.") So, after whipping some up, we devoured huge bowls of it while watching The Godfather II, obviously. No spoons were required.

Jessica Allen is the digital correspondent on CTV's The Social.

THREE THINGS

Ronan as chameleon

The first time I interviewed Saoirse Ronan she was 15 years old and the veteran of six movies. I had always admired her performances and as I walked into the interview suite I congratulated her on the film.

"Tanks pure much," she said with an Irish lilt that could charm the label off a bottle of Jameson Whiskey.

It was the first time I had heard her natural accent and confirmed what I already knew: that she was a chameleon with a propensity for accents that could give Meryl Streep a run for her money.

This weekend in Brooklyn she drops the drawls to play an Irish girl who immigrates to New York in the 1950s.

In what part of Ireland was she born?

Despite her Irish accent, she was actually born in the Bronx in 1994.

"(My parents) went to New York in the '80s. There was a really bad recession in Ireland at the time. A lot of young people went to New York because that's our trek, that's our journey. The Irish always go to New York or somewhere on the East Coast."

Monica Ronan and Paul Ronan lived in New York for 11 years in total, moving back to County Carlow, Ireland when Saoirse was three years old.

Can she beat me up? Probably. To play teenage assassin Hanna she studied knife fighting, stick fighting, martial arts and learned how to shoot a gun. She performed most of her own stunts in the film and says if she was ever offered the action-star role of James Bond she would happily accept. "That tux? I could totally rock it." RICHARD CROUSE/METRO

BROOKLYN

Saoirse Ronan steps into role she's lived

Hollywood has never been an easy place to carve out a career — especially for child actors growing up in front of the camera. So it's particularly remarkable how smoothly Saoirse Ronan has maneuvered the maelstrom of the movie biz since entering it at just nine years old.

"I never played kid roles and I had never been in kid films so I always just thought of myself as an actor," reasoned the now 21-year-old actress whose acclaimed oeuvre includes The Lovely Bones and The Grand Budapest Hotel. "But until now,

it was tricky to showcase that you were ready to move on to that next step of taking on roles that were a little bit more mature and where you're more at, personally."

That's why her latest offering, Brooklyn, was such an important role for the Irish-American actor. Based on Colm Tóibín's award-winning bestseller (which U.K. newspaper The Guardian named as "one of the ten best historical novels"), the 1950s-set drama follows the story of an Irish immigrant who flees to New York in search of work and must struggle



“What’s particularly fresh about this story is that it’s told from a woman’s point of view ... something that’s missing from all of the accounts in the Irish canon of immigration.”

Director John Crowley

Saoirse Ronan plays an Irish immigrant in 1950s New York in Brooklyn, adapted from Colm Tóibín's bestselling novel. CONTRIBUTED

with new loves and a life on her own as a young adult.

"What's particularly fresh about this story is that it's told

from a woman's point of view and that's something that's missing from all of the accounts in the Irish canon of immigration,"

explained director John Crowley. "If you got that specific story right, then you'd have the scale to carry hundreds, thousands

and millions of stories with it. It's sort of a keyhole drama in that way."

While that period of history remains scarce on testimony, Ronan insists she didn't necessarily rely on research to assume the character. Instead the acting approach that garnered Ronan an Oscar nomination in 2008 for Atonement has "very much stayed based on instinct" — something that also informed her latest coming-of-age portrayal.

"As you get older and you have more life experience, that does come into play when you play a character," admitted Ronan. "This was less of a journey to step into that place because I was already there."

STEVE GOW/FOR METRO

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DRAMA/ACTION
The Hunger Games - Mockingjay 2
 Director: Francis Lawrence
 Starring: Jennifer Lawrence, Julianne Moore

With the nation of Panem in a full-scale war, Katniss confronts President Snow in the final showdown. Teamed with a group of other fighters, Katniss goes off on a mission to liberate the citizens of Panem.

ROTTEN TOMATOES™ SCORE
 Critics: Audience:
 🍅 72% + 99%



MYSTERY/SUSPENSE
Secret in their Eyes
 Director: Billy Ray
 Starring: Chiwetel Ejiofor, Julia Roberts

A tight-knit team of rising FBI investigators — Ray and Jess, along with their District Attorney supervisor Claire — is suddenly torn apart when they discover that Jess's teenage daughter has been brutally and inexplicably murdered.

ROTTEN TOMATOES™ SCORE
 Critics: Audience:
 🍄 35% 🍷 62%



COMEDY
The Night Before
 Director: Jonathan Levine
 Starring: Joseph Gordon-Levitt, Seth Rogen

Ethan, Isaac, and Chris are friends. Their yearly Christmas Eve reunion has been an annual night of debauchery. But the tradition is coming to an end, and to make it memorable, they set out to find the Nutcracker Ball.

ROTTEN TOMATOES™ SCORE
 Critics: Audience:
 🍅 66% + 96%



DRAMA
Spotlight
 Director: Tom McCarthy
 Starring: Mark Ruffalo, Michael Keaton

This film tells the riveting true story of the Pulitzer Prize-winning Boston Globe investigation that would rock the city and cause a crisis in one of the world's oldest and most trusted institutions. This tense thriller traces the steps to one of the biggest cover-ups in modern times.

ROTTEN TOMATOES™ SCORE
 Critics: Audience:
 🍷 96% 🍅 95%



COMEDY
Love the Coopers
 Director: Jesse Nelson
 Starring: Olivia Wilde, Amanda Seyfried

When four generations of the Cooper family come together for their annual Christmas Eve celebration, a series of unexpected visitors and unlikely events turn the night upside down, leading them all towards a surprising rediscovery of family bonds.

ROTTEN TOMATOES™ SCORE
 Critics: Audience:
 🍄 20% 🍷 44%



DRAMA/ROMANCE
By the Sea
 Director: Angelina Jolie
 Starring: Angelina Jolie, Brad Pitt

A married couple takes a vacation in France in the 1970s and finds that their time in a sleepy seaside town, complete with a unique array of locals, strengthens their bond and reaffirms their marriage.

ROTTEN TOMATOES™ SCORE
 Critics: Audience:
 🍄 30% 🍷 61%

THE HUFFINGTON POST Erin Whitney

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Bridging 13 years in adaptation

INTERVIEW

Chiwetel Ejiofor talks making a film American

Ned Ehrbar
Metro | Hollywood



For *The Secret in Their Eyes*, Chiwetel Ejiofor teams up with Nicole Kidman and Julia Roberts — and takes on a unique acting challenge: playing the same character during two distinct periods of his life 13 years apart.

And while a little gray in the temples helps, Ejiofor found some unique ways to distinguish the two versions of himself.

What was it about this character that interested you?

I liked the idea of dealing with this character in two different time periods, thereby being able to reflect and engage with the obsessional qualities that he has. I'm sure it's a part of his character anyway, but these circumstances that he's

in kind of highlight his propensity to become obsessed. It becomes a very interesting story about this guy's psychology, the demons at play within him. I was really excited about exploring all of those things.

That gap between the two periods is interesting. Did you do any work for yourself as far as what his life was like in between?

Yeah, I mean, building a sort of background for him and what his life was — his romantic life and his professional life — and just sort of filling in the gaps of that was really helpful. But the main event for him is that there's like a sound that he can't get rid of. I thought of it as almost literal, almost kind of something a ringing sound that he could never escape. He has the knowledge that the only way he'll ever get past or get through it is by finding the guy who did the thing. So the main thing for him in that time is that he cannot break free of this obsession, this need.

If you're imagining an actual ringing in your ears, does



Julia Roberts, Nicole Kidman and Chiwetel Ejiofor star in *Secret in Their Eyes*. HANDOUT

that drive you crazy by the end of the shoot?

(laughs) Yeah, I mean if it were to really manifest. But you know, yeah, it's obviously metaphorical but there's definitely a sense of that with him. And that's why I think when he starts to confront the guy, it just takes on its own quality.

Did you watch the original Argentinean film?

No, I didn't. I didn't see it beforehand. I've seen it since. I felt like it was going to be interesting to me to be able to take a look at it afterward. What I always suspected was that the films would be very different because an Amer-

ican version of an Argentinean film, I think, just sort of culturally comes from a different place and would therefore go down a totally different avenue. And I think that's true of the film, that they become kind of cousins in a way. They're not directly related. They follow some of the same

narrative principles, but the characters exist in totally different universes.

Can you pinpoint a cultural difference between an American and Argentinean version of a story?

In a sense, in the Argentinean version, there's something quite delicate and tender in the center of it that is slightly different from the Americanized version of the film, which is quite muscular, you know? And has a slightly different feel to it. It's quite different. I think both things work, but I don't think they could be overlapped. I don't think you could make an American version of the film that could sustain that kind of tenderness.

This seems like the kind of adult drama people lament that don't get made anymore.

That was one of the good things about doing this — it seemed like the kind of film that you don't really see that much of anymore, and I miss these kinds of movies. (laughs) I was really happy to be engaged in something like this.

CREED

How a director convinced Stallone to revisit Rocky franchise

Richard Crouse
For Metro Canada



Like a lot of people director Ryan Coogler has a personal connection to the Rocky movies.

"Whenever I had a big test at school or a football game (my father would) say, 'Take 10 minutes and watch this scene from Rocky. That'll get you fired up. That'll give you the juice to score five touchdowns. Or get an A on that test.' I'd look over

and think, 'Are we watching this for me or for you?'"

It's one thing to have the emotional connection; it's another to convince Sylvester Stallone to make a seventh Rocky movie.

"I think the most important thing was that this movie was following a different character's arc," said Coogler.

"Rocky is there in a role that's very important to the film but very much supports this other character's journey to find themselves. That was important be-

cause no matter how good the idea was he wasn't going to make another Rocky movie."

The result is *Creed*, the evolution of a story that began in 1976, 10 years before Coogler was born. Michael B. Jordan is Adonis Creed, the son of Apollo Creed, Rocky's old friend who died in the ring at the hands of Ivan Drago.

Born after his father's death, Adonis never knew his dad but seems to have inherited the old man's love of boxing and much of his skill, but can Rocky whip him into shape for a title match? Cue the underdog theatrics and signature swelling trumpet score.

"*Creed* is about a sense of identity," said Coogler, "which is what I think the first Rocky was but the other themes are what make this fresh. What happens to someone dealing with



Director Ryan Coogler, left, talks to Michael B. Jordan who stars as Adonis Creed in *Creed*, which opens next Wednesday. Jordan says he's always looked at himself as an underdog and had to defeat odds to get what he wanted. HANDOUT

STAR NOTES

Michael B. Jordan's love affair with Rocky

"The things that came to mind (while watching the Rocky films) was inspiration. Then this project came up and I had the chance to fall in love with the Rocky franchise all over again."

an absentee father? What does love look like in the millennial generation when women are just as career oriented as men, or are expected to be? This idea of a generational handoff, baby

boomers handing off responsibility and jobs to millennials; what does that look like?"

It looks like Rocky 1.0, a new story for a new generation. "I was always honest with

(Stallone) and let him know what the movies meant to me. I think he has an understanding that the movies kind of belong to everybody at this point."

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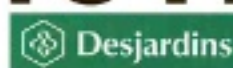
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INTERVIEW

Jonathan Levine talks *The Night Before*

Matt Prigge
Metro | New York



The last time director Jonathan Levine made a movie with Joseph Gordon-Levitt and Seth Rogen, it was *50/50*, a dramedy about cancer.

The Night Before is more lighthearted — sort of. It follows three friends (the other played by Anthony Mackie) doing their annual tradition of having a sloppy night in NYC on Christmas Eve. But this time the characters played by Rogen

and Mackie feel they're too old and settled down to ever do it again, leaving Gordon-Levitt as the last hold-out. It's that anxiety that made Levine — who also made *The Wackness* and *Warm Bodies* — comfortable doing his first full-on comedy.

This is your second film with Seth Rogen, after *50/50*. How did you two first meet?
On *50/50*, there was another

filmmaker who dropped out a couple months before. I was one of five people up for the gig. For whatever reason they liked me. I think it was because I made *The Wackness* and they thought I would smoke weed with them. (Laughs) But it was also because I spoke relatively intelligently about the material. **I've read you two have helped each other out on projects —**

that he helped look at *Warm Bodies* and you looked at *This is the End*.

Yeah, but it wasn't in any specific way. Seth and Evan continuously have people come in and look at their stuff. If I'm looking at *This is the End*, I'm one of 50 people who are looking at it. On *Warm Bodies* I definitely used that. The first time was on *50/50*, where we thought we needed to have smart people look at it and tell us what's good and what's bad. Seth was one of those people. It's a culture of rigorous note-giving and improving the work.

You've done dramas or romances that were funny before, but you've never really made a full-on comedy.

It was a change of pace. And it certainly wouldn't have worked for me if at its heart there wasn't an undercurrent of drama. Having it fundamentally revolve around issues of friendship and getting older, that me more comfortable executing the comedy. I loved doing something whose primary goal was to make people laugh. You feel like you're throwing a party and your only goal is to make everyone has as much fun as possible.

Your sets sound very loose. You're not like Sam Peckinpah, drunkenly screaming at people.

No one screams at anybody. Well, I probably screamed on occasion. But generally everyone can bring their friend, everyone can bring their mom, everyone's welcome. When there's a very serious scene, of course it's not like that. It's very subdued. But if you were to see it, it would look like we're having fun.

Despite all the crazy things that happen in the film, it is rooted in a serious concern. Joseph Gordon-Levitt's Ethan hasn't gotten his stuff together, while his closest friends have, causing a disconnect.

When we were writing it, every single person had someone in mind who was that person in their life. We talked about why that person was not succeeding. There were many reasons. For a lot of us, the reason we've succeeded is talent, but also a lot of luck, so it's s—y to look at the friend who hasn't been so lucky. But the truth is a lot of it is luck. We settled on giving (Ethan) a trauma he's never been able to move past. That happens to a lot of people, whether it's someone who got stuck in a job for too long and looked up one day and his friends were more successful than him or her, or someone just got knocked down and took too long getting back up.

How conscious were you of playing with holiday movie conventions?

I imagined it as a Christmas movie for people who didn't celebrate traditional Christmases, whether because you're Jewish or from another non-Christian religion or your parents are divorced or you hate your parents. There are lot of people who feel left out of the traditional Christmas. I would go out in New York do stuff like this on Christmas Eve. There were a lot of Christian people, there were a lot of Jews. It was all people who had a reason for not celebrating the traditional Christmas. It's nice because Christmas is an oppressive, monolithic thing.



Seth Rogen and Anthony Mackie feel too old for getting sloppy on Christmas Eve in *The Night Before*. HANDOUT

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Speaking up only start of recovery



Swift Current blends the stories of former NHL player Sheldon Kennedy and younger victims who came forward after one of Kennedy's public talks. It airs Saturday on Global at 9 p.m. ET/PT. HANDOUT

DOCUMENTARY

Ex-NHL player still battles demons of sexual abuse

Liz Brown
Metro | Canada

It's been almost 20 years since former NHL player Sheldon Kennedy came forward with his story of sexual abuse at the hands of former Swift Current Broncos head coach Graham James.

In the years that followed, more victims shared their stories, James was jailed and Kennedy held up as a hero as he rollerbladed across Canada to raise money and awareness for sexual abuse victims.

Kennedy thought his disclosure would bring him peace, but the pain and trauma from those early years still haunted him as he battled alcoholism and cocaine addiction and had stints in jail.

At one point he found himself sitting with a gun, contemplating suicide.

"I think one of the biggest myths out there is once you tell your story, it's over," says Kennedy.

Swift Current, a new documentary about Kennedy and the struggles of sex abuse victims, aims to dispel that myth.

"This film paints a very visceral and cinematic portrait of how difficult it is to recover from sexual abuse trauma," says the doc's director Joshua

Rofé. At first, Rofé says that Kennedy was reticent to work with him on the film, as he felt his story had already been told and there was nothing more to say.

But as their focus sharpened, they realized the story wasn't just Kennedy's, but a broader look at the healing journey.

"I think that this doc is told in a way of how the issues have evolved," says Kennedy, comparing The Sheldon Kennedy Story — the documentary about his life made in the late '90s — to Swift Current.

"If we look at the film that was made 17 years ago, it was just telling a story that showed

this stuff happens, but I think we're at a point now where I believe (Swift Current) talks about solution. It's about hope," he says.

Threaded through Kennedy's own recovery are the stories of two 21-year-old victims who spoke up at one of Kennedy's public talks at Durham College in Oshawa, Ont.

In front of 300 people, they told their own stories of abuse and asked Kennedy for help.

"These kids were dying to speak up," says Rofé, who felt compelled to include them in the documentary.

Rofé shows Kennedy sharing his story and helping these young victims deal with the aftermath of their abuse.

"The great comparison that Josh has made in this film is between them — they're 21 — and me, who's been grinding away trying to get healthy for 20 years; the two different places of recovery," says Kennedy.

Today, Kennedy is clean and works to advocate for better child protection policies in Canada and the U.S. and is the lead director at the Sheldon Kennedy Child Advocacy Centre in Calgary.

But he admits his recovery still requires day-to-day work.

"It's about having tools," he says.

"For me, that's attending meetings and advocacy, working out, and heading out to my farm to ground myself."

"What I'm good at is pushing for change and listening to the grassroots and pushing at the top to make things happen," he says.



This film paints a very visceral and cinematic portrait of how difficult it is to recover from sexual abuse trauma.

Director Joshua Rofé

(cue angels singing)

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Sarah Silverman's New York

DAY IN THE LIFE

Comedian talks her favourite hangouts and pastimes

Steve Gow
For Metro Canada



Sarah Silverman may have grown up in New Hampshire, but the popular comedian certainly relates more to New York — in particular Lower Manhattan, where she blossomed as an edgy standup comic. While her upcoming, critically acclaimed drama *I Smile Back* and a new HBO comedy special (premiering Nov. 23) have kept her busy lately, Silverman always gets back to the city that makes her “heart just swell.” We caught up to uncover her ideal day in The Big Apple.

Brunch at the deli

Begin your day with a late-morning brunch at B&H Dairy (facebook.com/BHDairy-KosherRestaurant) — an East Village staple for more than seven decades.

“It’s a tiny hole-in-the-wall,” laughs Silverman, of her go-to daytime diner.



Washington Square Park in Greenwich Village is the ideal spot for people-watching. iStock

The Comedy Cellar is like my home, I love it.

“They have the best soup, the best challah bread and it’s a kosher deli. I have no religion at all, but I am a vegetarian so it’s the only matzo ball soup I can eat because it’s not made with chicken fat.”

Walk in the park

“My favourite thing to do

in the world is just walking the streets of New York,” admits Silverman. But nowhere is patrolling the pavement better-suited than nearby Washington Square Park in Greenwich Village (washingtonsquareparkconservancy.org).

Notably renowned for the

iconic 123-year-old Washington Square Arch, this gorgeous urban garden plays host to everyone from students to street performers to chess enthusiasts, making the historical square once known for public executions now the ideal spot for people-watching.

Dinner with Frank

A mere 12-minute stroll back into the East Village will land you at Silverman’s favourite supper stop. A small, uncompromising eatery, Frank (frankrestaurant.com) boasts an astonishing wine list and serves up authentic Italian entrees like Rigatoni al Ragù for a reasonable price.

“It’s loud, it’s small, you can’t have any adjustments on your order (and) it’s cash only — it’s one of those places,” says Silverman. “But it is the best Italian food in New York City.”

Laugh the night away

Make your way back to Greenwich Village to finish your evening rolling in the cramped aisles of Silverman’s favourite comedy club.

“The Comedy Cellar (comedycellar.com) is like my home, I love it,” explained Silverman of the legendary basement bar where one can often catch surprise sets by the likes of Chris Rock or Louis CK.

Afterwards, Silverman suggests winding down around the corner at their sister club The Village Underground. After all, “that’s where all the comics hang out.”

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TRAVEL NOTES ICY ADVENTURE, ISLAND PARTY, BIG DETOX

Hot cold trend

The sweater crowd never had it so good. Exodus Travels has a new collection of 50 cold-weather journeys to winter wonderlands around the world, from Norway to Italy to Bulgaria. Choose from ski trips, wildlife safaris, snowshoe treks, glacier hikes, UNESCO sites and more, staying in log cabins, mountain lodges and cozy igloos. Visit exodustravels.com/winter-holidays.



Mt. Hengill, Iceland.
CONTRIBUTED

Jump-up time

Why not work the biggest carnival in the Caribbean into your sun holiday this year? Trinidad's Carnival sees Port of Spain throwing a massive two-day street parade Feb. 8 and 9, with plenty of pre-festival activity. And when the last soca song has been sung, take the 25-minute flight to Tobago and sit on the beach for a few days. Not a bad plan. Visit GoTrinidadandTobago.com.



Party it up in Port of Spain.
CONTRIBUTED

Luxury boot camp

With a 35 per cent return rate, they must be doing something right. The Ranch at Live Oak is a weeklong fitness and wellness program that restores mind and body in the hills above Malibu, Calif. Go for big hikes, take fitness classes, eat organic plant-based meals and sink into the spa amenities. Get a full detox and you're ready for 2016. Visit TheRanch-Malibu.com. DOUG WALLACE



The Ranch at Live Oak, Malibu. CONTRIBUTED

Water sports to whiskey in Dublin

IRELAND

Discover the historically rich city's rebirth in 72 hours

Morgan Dunlop
For Metro Canada

Dublin is as steeped in tradition and charm as it is brimming with innovation, fuelled by a steadily growing economy and a slew of young entrepreneurs infusing the city with fresh ideas. Here's how to get the most out of Dublin, from the past to the present.

SUP (standup paddleboard) around Ireland's Eye with Pure Magic. Put on a wetsuit and brave the Irish Sea as you paddle around the small island, home to the ruins of a 19th-century fort, thousands of seabirds and a colony of grey seals. At low tide, paddle into island crevices and watch the friendly seals splash and dive beneath your board.

Retrace the steps of Dublin's Viking origins and centuries of ship merchants with City Kayaking, the only group to offer tours on the River Liffey, running through the heart of



The rooftop bar and terrace of The Marker Hotel in the Docklands district. THE MARKER HOTEL

the city.

Warm up with Art Tea at The Merrion Hotel as you step into Ireland's Georgian era in a row of townhouses converted into one of Dublin's most luxurious hotels, complete with plush couches, open fireplaces, thick carpets and one of the country's largest private art collections. Chefs create decadent desserts inspired by works hanging on the walls around you.

Sip Prohibition-era-inspired

cocktails under a cloak of mystery at The Blind Pig. Feel the speakeasy vibe with dim lighting, stone walls and an air of secrecy. Despite the fact that it's in the basement of a well-known restaurant, there's no address listed online and you need a password to enter. (theblindpig.ie)

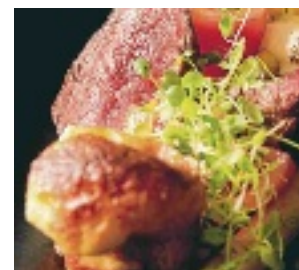
Prohibition may be good for a throwback, but it nearly killed Ireland's whiskey industry. Celebrate a resurgence of sorts with

a visit to the first whiskey distillery built in Dublin in more than 100 years. Teeling Whiskey offers tours at its site in the Liberties, once the epicentre of Irish whiskey distillation.

Try Citron Restaurant for renowned Irish beef and seasonal vegetables or Cliff Townhouse Restaurant for sustainable seafood from Irish waters. Take a post-dinner stroll along the meandering paths in St. Stephens Green, past sculptures,



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+ STAY

The Marker Hotel: Open-air rooftop patio with the best view of the city and an address in Dublin's Docklands district.

The Dean Hotel: Contemporary-art-gallery feel, in-room record players and a spot on the nightclub-heavy Harcourt Street.

The Shelbourne Hotel: Top-hat-clad doormen, an abundance of chandeliers and a museum dedicated to its most famous visitors, including Grace Kelly, John F. Kennedy and Michael Collins.

iconic sites. With the Lazy Bike Tour, it won't matter if you dance all night to cheesy dance tracks at the legendary Copper Face Jacks. The electric bike tour requires minimal pedalling and takes you from the pub-heavy Temple bar area to Kilmainham jail, passing Dublin Castle, the Guinness brewery and the city's most famous cathedrals along the way.

Some of the costs of the writer's trip were covered by Tourism Ireland.

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5 GIFT SUGGESTIONS FOR THOSE ON THE GO

Wondering what to get the traveller on your holiday list? Here are a few ideas:

1 Multi-tool wonder

Move over, Swiss Army knife — there is a new multi-tool available this season and you can wear it on your wrist. Worn as a bracelet, the Leatherman Tread is 25 tools in one; each link of this bracelet is a stainless steel implement, from various-sized screwdrivers to a bottle opener to a pick/SIM card tool. It is designed to be customizable with slotted fasteners so you can rearrange links, add new ones, and adjust to your wrist size. Available for \$155 at Mountain Equipment Co-op or online at mec.ca.



2 Haulin' it

If your special someone needs new luggage, Bentley's black and red Air Canada Quest Hardside Spinner conforms to Air Canada flight regulations. Each component of the three-piece luggage set is designed with four spinner wheels, two zippered compartments, tie-down straps and a telescopic handle. The pieces are sold separately; the carry-on retails for \$109.99 CAD, the 24" for \$119 and the 28" for \$139. If you purchase online at shop-bentley.com the shipping is free.



3 No ordinary towel

Discovery Trekking's ultra fast-dry towels have silver anti-microbial technology, which makes them odour-resistant. They fold up compactly to slip into a suitcase or carry-on bag and are multifunctional; they can also be used as a sarong, a scarf and a travel blanket for the car or plane. See discoverytrekking.com.



4 Memories

With a Travelzoo.ca gift certificate you are not only giving some unique travel experiences, but you are saving money. A stay at the Auberge Saint-Antoine in Quebec City, voted one of the best hotels in the world by Travel + Leisure Magazine, is \$179 (a savings of 35 per cent), dinner for two at Bauhaus in Vancouver, featuring a tasting menu by a Michelin-starred chef will set you back \$120 (a savings of 45 per cent) and a Niagara-on-the-Lake Culinary Walking Tour for two is only \$55 (a savings of 44 per cent). **LOREN CHRISTIE/FOR METRO**



5 A good flight's rest

Looking for a cheap and cheerful stocking stuffer? Colourful and practical, an Austin House memory foam neck pillow is perfect for sleeping on an airplane. The fleece is removable and washable. Pick one up at Staples or your local CAA office.



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Unusual places to spend the night

EUROPE

Wake up in a cockpit or a Snowcastle

To escape the gray and gloomy atmosphere of fall, what could be better than an extended weekend stay in an unusual and quirky location? The HomeToGo vacation rental website has identified a number of surprising accommodation offers all over Europe that are worth the trip. Read on for a few of AFP's top picks:



STOCKHOLM

An air pilot's cabin

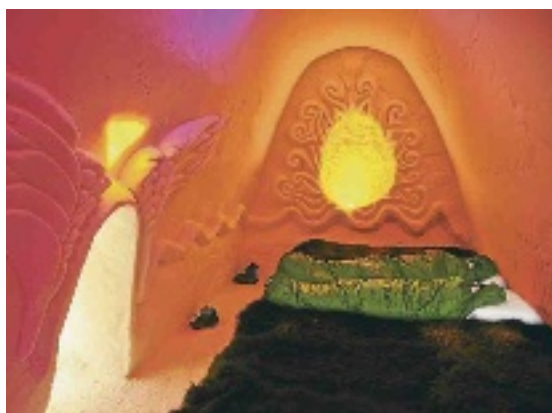
In the Swedish capital, a passenger airplane has been chartered to accommodate tourists in search of a unique nighttime spot. The cockpit has been transformed into a two-person bedroom suite with free Wi-Fi and private bathroom. The experience goes for 382 euros (\$545 CDN) per night. For those with tighter budgets, a number of other rooms are available throughout the plane at a lower price range.



PARIS

A cupcake shop

In Paris's iconic Montmartre district, a tourist hot spot, the owner of a cupcake boutique rents out her establishment for overnight stays. Lucky guests will stay in a charmingly British setting and will be offered some of the owner's pastry creations during their stay. The 25-square-metre space goes for 130 euros (\$185 CDN) per night.



LAPLAND, FINLAND

An ice castle

Every winter, the "Snowcastle" is rebuilt to welcome visitors that dream of spending a decidedly unique evening. The room is made of ice and can accommodate up to five people. Single rooms and suites are also available and sleeping bags are supplied with each bed. Prices start at 118 euros (\$168 CDN) per night.



AMSTERDAM

A sailboat

Anchored on one of Amsterdam's many canals, visitors can rent out this entire sailboat. It includes 11 bedrooms, four bathrooms and can accommodate up to 30 guests. Travellers will have the privilege of visiting the Dutch capital from the water thanks to a tour of the canals. The sailboat contains a common room equipped with a television, a stereo system and a draft beer machine. Prices start at 731 (\$1,043 CDN) euros. AFP

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Easy to find your groove in Memphis

TENNESSEE

Enjoy its rich history, its love of music, and plenty of beer

This city loves its music. It protects its history. And it's really starting to like its beer.

Travellers to Memphis need to know the basics of this Tennessee city nestled along the Mississippi River. It is a capital of blues, rock and roll and soul music, a gritty city where influential musicians like B.B. King, Elvis Presley and Otis Redding lived and worked.

It is a city rich in history, where cotton trading was once the main economic engine, where Confederate and Union gunboats battled on the river during the Civil War, where Martin Luther King Jr. came to support striking city sanitation workers and was assassinated.

And, it's a city that likes to have fun, whether it's on world-famous Beale Street or in the breweries that have started making craft beers in recent years.

Here are some essentials for visiting Memphis:

What's new

It took 34 years, but the Blues Hall of Fame finally opened in May on South Main Street, a neighbourhood undergoing significant revitalization.

Founded in 1980, the non-profit Blues Foundation has inducted about 130 performers and dozens of others into the Hall of Fame, but only now does it have a brick-and-mortar location for where music-lovers can see memorabilia attached to their favourite blues musicians, from B.B. King to Robert Johnson to Pinetop Perkins.

The building sits across the street from the National Civil Rights Museum and near art galleries, restaurants and bars just south of the downtown area. Artifacts include clothing, paintings, bronze busts, records and magazines tied to the world's most influential blues masters.

CRAFT BREWERS IN THE SPOTLIGHT

A beer-brewing revolution has hit Memphis in recent years. At Memphis Made brewery, long tables give it the feel of a German beer garden, and Wiseacre has an outdoors area for chilling out.

There's also an interactive database.

Classic attractions

One of America's most popular attractions sits in Memphis: Graceland, the home-turned-museum celebrating all things

Elvis. The house is open for tours, and the attraction across the street features Elvis-related exhibits, including a neat one displaying vehicles owned and used by Elvis, from a Ferrari to a Harley-Davidson. A new 450-room hotel, Guest House at Graceland, is under construc-

tion, scheduled to open October 2016.

Other classic music spots include Sun Studio, where Elvis, Jerry Lee Lewis, Carl Perkins, Johnny Cash and Charlie Rich recorded music; and Stax Records, where Redding, Sam & Dave, the Staple Singers, Isaac

Hayes and others cut songs in the raw, soulful "Memphis sound."

A walk down Beale Street reveals well-worn, but fun, live music venues in Rum Boogie Cafe and W.C. Handy's Blues Hall. There are plenty of shops to get that shot glass or T-shirt for a friend or relative. A visit to Blues City Cafe will not disappoint, as it serves four of Memphis's main food groups: barbecue ribs, fried catfish, hot tamales and Jack Daniel's.

The National Civil Rights Museum tells the story of the history of the civil rights movement, and its important moments and figures. Built on the location of the old Lorraine Motel — where Martin Luther King Jr. was assassinated in April 1968 — it features a view of the room where King stayed at the hotel.

Finally, a visit to the Memphis Zoo, ranked as one of the nation's best zoos annually, is a must-do. Giant pandas, hungry hippos and playful penguins are among the living attractions. During the winter holidays, the zoo has a Christmas lights display and ice skating.

THE ASSOCIATED PRESS



A memorial outside the club of B.B. King on Beale Street in May, following the blues legend's death. Beale Street is home to various live music venues and shops. KAREN PULFER FOCHT/THE ASSOCIATED PRESS

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Best beauty buys for her

Tanya Enberg

Women

From the sweetest holiday-inspired bath goodies to the most decadent fragrance of 2015 and the best lotions and potions around, this beauty gift guide roundup will earn you big, big points with the woman in your life this season.

To wrap or not to wrap, that is the question. With the scrumptious scents of Philosophy's Shampoo, Shower Gel & Bubble Bath (Vanilla Bean Nutmeg, Christmas Cookie, Candy Cane and Iced Orchid), the biggest challenge here will be actually gifting them. \$21 at Sephora.

For those with a love of luxury, Decadence from Marc Jacobs lives up to its name. Italian plum, golden saffron and iris top notes are joined by Bulgarian rose, jasmine sambac and orris at its heart with base notes of liquid amber, vetiver and papyrus woods. The emerald green bottle pays homage to the designer's handbag aesthetic with a gold chain and sexy python-inspired cap. 50 ml

\$115; 100 ml \$140 at the Hudson's Bay.

Good things come to those who receive the Most Wonderful Things holiday set from Philosophy. The kit is packed with skin-loving essentials from the much-loved brand, including Purity Made Simple cleanser, Microdelivery Peel and activator, Time in a Jar age-defying serum, Time in a Bottle high-potency vitamin C activator and Renewed Hope in a Jar moisturizer. \$79 at Hudson's Bay.

The limited edition Eos holiday collection is one sweet trio (vanilla bean, sweet mint and pomegranate raspberry), packed with soothing shea butter and vitamin E. The set also includes glittery art for personalizing each balm. \$9.99 at Loblaws and Walmart.

Go on, get her buffing — her nails, that is.

The smart Micro Nail electric polisher brings brilliant shine and smoothness to nails in seconds, rotating through 360 degrees, fending against tough ridges and staining for flawless nails fast. \$59.99 at micro-nail.ca or Shoppers Drug Mart.

Winter hair recovery comes easy with Flow Professional Hair Care products, with nourishing shampoo, conditioner, detangler and the super powerful Instant

Intensity 30-second treatment. \$19.99-\$29.99 at pro salons or flowhaircare.com.

Cosmetic brushes get the royal treatment with the deluxe Quo Cosmetics Backstage Brush Set (\$70 at Shoppers Drug Mart). The set includes eight must-have makeup brushes with stunning gold handles.

Teen Girls

Not sure what beauty treasures teenage girls will want to see tucked under the tree this year? These fun and fabulous finds — big and small — are guaranteed to dazzle.

Playful and refined with lily of the valley, jasmine and rose meeting earthy patchouli extract notes, the new Miu Miu fragrance is a lesson in contrasts — youthful, soft, daring and feminine — and it will score you big points this holiday season. 50 ml \$100 at Holt Renfrew. Get the season cracking with the Quo Cosmetics Cracker Set. Each cracker contains a pretty mini lip gloss and eyeshadow. \$20 for a set of four at Shoppers Drug Mart.

Sparkle and shine with party-ready nail polish from Joe Fresh (\$6) in Gold Crystal.

Give the gift of glowing skin with the Hard Candy So Baked Trio featuring illuminating cream for highlighting cheekbones, a satiny-finish blush and warming, sun-kissed bronzer. \$9.98 at Walmart.

Must-have stocking stuffers needn't cost a fortune. The Smokey Eye Palette (just \$5 from Joe Fresh) arrives just in time to make a head-turning entrance at all of those sexy New Year's Eve bashes.



- 1 Philosophy's Shampoo, Shower Gel & Bubble Bath (\$21, Sephora)
2 Quo Cosmetics Backstage Brush Set (\$70,

- Shoppers Drug Mart)
3 Flow Instant Intensity (\$19.99-\$29.99)
4 Joe Fresh nail polish (\$6)
5 Eos holiday collection (\$9.99,

- Loblaws and Walmart)
6 Hard Candy Baked Trio (\$9.98, Walmart)
7 Micro Nail electric polisher (\$59.99, Shoppers Drug Mart)



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Groomed like an expert

- 1 Joe Fresh facial toner, \$12 each
- 2 Old Spice Fresher Collection gift set, \$12.99 – \$14.99, at Walmart
- 3 Braun Series 7 shaver \$279.99 – \$339.99, dependent on the model
- 4 Brooks Brothers Classic Cologne, \$60 at Brooks Brothers stores across Canada or brooksbrothers.com
- 5 Lipidol aftershave oil, \$8.97 at Walmart
- 6 Brooks Brothers Leather Travel Toiletry Case, \$298 at Brooks Brothers stores across Canada



GIFTS FOR HIM

For young and old, men will enjoy feeling spoiled

Tanya Enberg

For men:

From buffed nails and soothing aftershaves to smart leather travel cases for storing such toiletries, these timeless gift suggestions will leave the man in your life feeling spoiled ... and expertly groomed, too.

Fitting for the classic gentleman, Brooks Brothers Classic Cologne is blended with citrus and jasmine notes plus hints of herbaceous, patchouli and sandalwood. \$60 at Brooks Brothers stores across Canada or brooksbrothers.com.

Travel in style with the durable Brooks Brothers Leather Travel Toiletry Case, crafted in Italy and featuring two generous zippered compartments for on-the-go toiletries. \$298 at Brooks Brothers stores across Canada.

The secret's out — men want good-looking nails. Thankfully the Quo Men's Manicure Kit makes it easy with all the quick-fix essentials, including nail clippers, tweezers, scissors and a nail file. \$15 at Shoppers Drug Mart.

For time-pressed guys, the Braun Series 7 shaver is here, boasting all kinds of cool features. At 10,000 micro-vibrations per minute, it cleans, lubricates and charges at the touch of a button, and a built-in comb finds flat-lying hairs so he'll never miss a spot. \$279.99 – \$339.99, dependent on the model.

From the makers of Bio-Oil comes Lipidol, a new line of skin care oils. Guys will love the brand's aftershave oil, soothing and light, it's the perfect solution for fending

off dry winter skin, \$8.97 at Walmart.

Got a guy with edge? Meet the Essential Rebels Kit, a great-smelling four-piece collection containing Advanced Clear Skin Facial Cleanser, Advanced Clear Skin Facial Scrub, Anti-Wrinkle Moisturizer and Rehab Roller. It comes in a cool screen-printed burlap sack. \$58 at rebelsrefinery.com.

For teen boys:

Sure, he may not admit to wanting smooth feet, an invigorating body wash or a high-power face cleanser, but secretly, they're all on the teenage boy's Santa wish list (and he won't even sneer at them).

If variety is the spice of life, the Fragrance Sampler Set for Him hits the mark with 10 trendy fragrances, among them Jimmy Choo Man, Dolce and Gabbana Light Blue and John Varvatos. The kit also comes with a "scent certificate" that can be redeemed for a full-size bottle. \$80 at Shoppers Drug Mart.

Here's a lip balm he won't mind carrying around. The Capital Vices Skull Lip Balm by Rebels Refinery does what it needs to do with coconut and almond oils to help soothe and hydrate lips, while packing a cool punch at the same time. \$7.99 at rebelsrefinery.com.

Gentle and nourishing, the Joe Fresh cleansers and toner (\$12 each) will get skin off to a fresh and healthy start for the new year.

From the old-school brand that keeps getting hipper comes the Old Spice Fresher Collection gift set, inspired by nature with fresh scents including timber, amber or citron. Suggested price \$12.99 – \$14.99, at Walmart.

Smooth feet for dudes? You bet. Dry, rough skin gets the boot with the Micro Pedit Man.

The device's micro-mineral roller spins 360 degrees, 30 times per second, gently buffing even the toughest of skin from the soles and heels. \$49.99 at Shoppers Drug Mart or at micropedit.ca.



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Redblacks say expansion woes strengthened team

CFL PLAYOFFS

Grey Cup berth awaits Ottawa if it can power past Hamilton

The Ottawa Redblacks say bonds between players forged through adversity have led them to the verge of a CFL championship.

The Redblacks have gone from dead last in the league one year ago to being one game away from the Grey Cup. Ottawa will host the Hamilton Tiger-Cats in the CFL East Division final Sunday afternoon.

“It’s almost surreal to have this opportunity after what we went through last year,” said defensive back Jerrell Gavins, who missed the last two games due to an injury behind his knee. “We’re not a team, we’re a family and there’s a bond. We’ve got a really special group and for us it’s now or never. We want to make it happen.”

Gavins is cleared to play and looking forward to getting back in the lineup. The Redblacks roster could also be bolstered by the return of running back Jeremiah Johnson.

Johnson suffered what was expected to be a season-ending foot injury Oct. 6, but has been able to return to form and would give Ottawa some additional depth.

“Health-wise it’s encouraging



Running back Jeremiah Johnson was thought to be out the remainder of the season with a foot injury but could return to the Redblacks lineup Sunday. JUSTIN TANG/THE CANADIAN PRESS

so it gives you options,” said Redblacks head coach Rick Campbell. “I don’t get too caught up in the injury thing whether one team has more injuries or not than the other. You just field the best team that you can, which we’re going to do and they’re going to do their thing, and away you go.”

Perhaps most encouraging for

25K

The number of fans expected to attend Sunday’s game, which would set a new record for TD Place.

the Redblacks is hearing quarterback Henry Burris is feeling 100 per cent.

Burris suffered a knee injury in late October and was questionable to play against Hamilton in the first of a home-and-home series. The 40-year-old played both games, but took another hit to his knee in the first game

“**We’ve been working hard, but this is the time to keep ramping it up.**”

Rick Campbell

against the Tiger-Cats. The Redblacks’ bye week after winning the Division has clearly paid off for the veteran pivot.

“Everything is good,” he said. “Being able to get out there and run around and move around much better than I ever have as far as after the injury occurred.”

The Redblacks believe the struggles they went through as a team has made them even stronger and is likely what has led to such a tight-knit group.

“This is the Eastern final and all the chips are on the table and everyone’s going to bring out everything that they’ve got,” receiver Chris Williams said. “We’re going to be ready.”

Campbell says he’s liked what he’s seen from the team so far preparation wise, but expects things to improve every day leading up to the game.

“I think the guys are in the right frame of mind, but we know we’ve got to work at this thing all the way until the end because we will have to be at our best to beat (Hamilton).”

THE CANADIAN PRESS



IN BRIEF

Djokovic secures spot in semis at ATP finals

Novak Djokovic reached the semifinals of the ATP World Tour Finals by extending his dominance over Tomas Berdych, beating the Czech player 6-3, 7-5 on Thursday in their last round-robin match.

Djokovic has beaten the Czech five times in the last six years at the ATP finals.

Earlier, Roger Federer clinched first place in the group by beating Kei Nishikori 7-5, 4-6, 6-4 to finish the round-robin stage unbeaten.

THE ASSOCIATED PRESS



Novak Djokovic

GETTY IMAGES

MLB considering more fan-safety precautions

Major League Baseball is close to new recommendations for safety netting at its stadiums for the 2016 season.

Commissioner Rob Manfred said Thursday that it’s “absolutely clear” there will be changes. He said there was more work to be done, and that he wasn’t prepared to go into details.

“In addition to a recommendation on the physical location of nets, there will be a broad fan education component to the program,” Manfred said after owners wrapped up their quarterly meeting.

THE ASSOCIATED PRESS


MLB Jays’ Donaldson walks off with AL MVP honour

Toronto Blue Jays third baseman Josh Donaldson has been named the American League MVP.

Donaldson hit .297 with a league-best 123 runs batted in to help the Blue Jays to their first AL East title — and first playoff appearance — since 1993.

The 29-year-old beat Los Angeles Angels outfielder Mike Trout for the honours and joined 1987 winner George Bell as the only Blue Jays players to be named AL MVP.

“Enjoy the club, man,” Bell said in a video message sent out by the Blue Jays. “I’m glad



RECOGNITION

Earlier this month, Donaldson was named a Silver Slugger award winner for the first time in his career.

for you, for your family and for Toronto Blue Jays fans.”

What was characterized as a close race leading up to Thursday’s announcement turned out to be an easy win for Donaldson, who took 23 first-place votes and seven second-place votes.

Trout had seven first-place and 22 second-place votes, as well as one third-place vote.

Washington Nationals outfielder Bryce Harper was a unanimous choice as National League MVP. Harper, 23, became the youngest unanimous MVP winner in baseball history, capturing the NL award despite his Washington Nationals missing the playoffs.

He got all 30 first-place votes from members of the Baseball Writers’ Association of America.

THE CANADIAN PRESS, WITH FILES FROM THE ASSOCIATED PRESS



Josh Donaldson took 23 of the 30 first-place ballots in voting for the AL MVP. PAUL SANCYA/THE ASSOCIATED PRESS

Lawson pleads guilty to driving while impaired

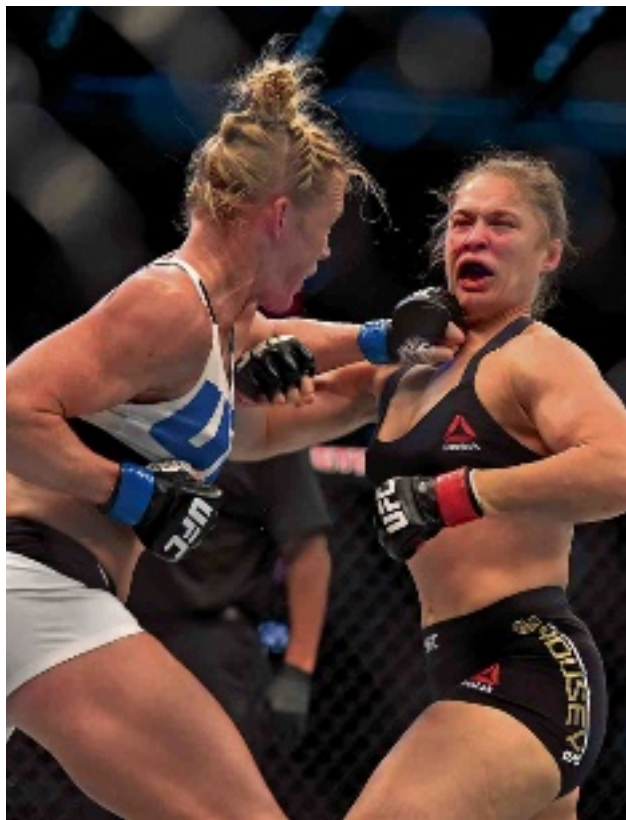
Houston Rockets point guard Ty Lawson has pleaded guilty to charges stemming from his drunken driving arrest in Denver.

Court records show the former Denver Nuggets guard was charged with drunken driving, speeding and other offences last January, but pleaded guilty Thursday to driving while ability impaired and a lane violation. He faces up to 180 days in jail when he is sentenced Jan. 14.

Lawson was also arrested for drunken driving in Los Angeles in July.

THE ASSOCIATED PRESS

GSP truly knows Rousey's pain



Holly Holm, left, lands a punch on Ronda Rousey during their title fight in Melbourne, Australia. Holm pulled off a stunning upset win with a second-round KO. ANDY BROWN/BILL/THE ASSOCIATED PRESS

UFC

Former champ had to get over his 'nightmare' upset to Serra

Georges St-Pierre feels (Rowdy) Ronda Rousey's pain like perhaps no other. Eight years before Rousey was dethroned by Holly Holm at UFC 193, St-Pierre lost his welterweight crown to Matt (The Terror) Serra at UFC 69 in a shocking upset of his own.

A happy-go-lucky sort, Serra (8-4) had to win a season of The Ultimate Fighter reality TV show devoted to veterans making a comeback just to earn a title shot. St-Pierre, then 13-1 as a pro, was a 10-1 favourite to dispatch Serra.

The younger Montreal MMA star had just avenged a 2004 loss to Matt Hughes, widely viewed as the greatest welterweight champion ever, to claim the 170-pound

crown at UFC 65 in November 2006. Serra needed just three minutes 25 seconds in April 2007 to dethrone St-Pierre in his first title defence. "This is my worst nightmare," St-Pierre said that night in Houston.

The previously unbeaten Rousey, who went into last weekend's fight as MMA's reigning rock star, is living her own nightmare now — a 20-1 favourite left unconscious and bleeding.

"It's unfortunate for Ronda but I'm happy for Holly at the same time," St-Pierre, who like Holm had coach Greg Jackson in his corner, said in an interview Thursday.

"In this game, no one's invincible," he added. "Sometimes you zig when you should zag." St-Pierre lost his confidence along with his championship belt, but eventually remade both his game and the people around him.

"So in a way for Ronda it's sad that she lost, but maybe it could be the best thing that

ever happened to her, in that she will come back much stronger."

St-Pierre did. He won 12 fights in a row after losing his title, thumping Serra at UFC 83 in April 2008 to regain his crown.

He stepped away from the sport in late 2013 and, now 34, says he has yet to decide whether he will come back. While both St-Pierre and Rousey fell victim to upsets, their cases are different.

The Canadian was a newly crowned champion.

Rousey had made five successful title defences and had been demolishing all comers. While Rousey looked in trouble from the get-go against Holm's striking, St-Pierre

had been doing well against Serra until the unthinkable happened. After Serra caught him on the back of his head, St-Pierre lost his equilibrium and fell backwards.

The end quickly followed. The defeat rocked St-Pierre, who said he used to feel no fear preparing for fights. "The fact that I lost made me realize that I was a human being," he said.

On the advice of sports psychologist Brian Cain, St-Pierre looked to rid himself of the mental albatross of his title defeat by scrawling Serra's name onto a brick and

hurling it into the icy waters off the South Shore. "Actually I thought it was kind of weird but I felt better after," St-Pierre said.

THE CANADIAN PRESS



In a way for Ronda it's sad that she lost, but maybe it could be the best thing that ever happened to her, in that she will come back much stronger.

George St. Pierre

12

Number of straight fights GSP won after his upset against Matt Serra. One of which was over Serra.

IN BRIEF

Ernst leading at CME Group Tour Championships

Austin Ernst has a one-shot lead after Thursday's opening round of the CME Group Tour Championships, and South Korean rookie Sei Young Kim has the early upper hand in the race for a \$1-million bonus.

Ernst shot a 6-under 66 at Tiburon Golf Club, one shot better than South Korea's Mi Hyang Lee. Kim is a shot back, along with a fivesome of Americans including Jennifer Song and Cristie Kerr.

THE ASSOCIATED PRESS

NFL

Gronk unwavering in his style of play

Don't expect a few yellow flags to change the way New England's Rob Gronkowski plays football.

Despite compiling a team-high seven penalties this season, the Patriots' tight end balked at the suggestion of altering his game to accommodate the officials.

"I ain't doing anything wrong," Gronkowski said Thursday. "I'm playing football. I ain't changing my style."

Gronkowski has been flagged for offensive pass interference a league-leading four times

through nine games, accounting for 39 yards, according to NFLPenalties.com. No other player has been penalized more than twice for the infraction.

"I'm not sure what it is," Gronkowski said. "I'm just going to keep playing how I've been playing, how I go out in practice and try and transition it to the games."

Gronkowski isn't the lone

culprit in his locker-room. New England leads the league with eight offensive pass interference penalties. The next closest teams are the Atlanta Falcons and Washington Redskins, who each have four.

Nonetheless, the penalties haven't stopped the Patriots from scoring at will. New England leads the league with 303 points, an average of 33.7 per game,

and ranks second only to the Arizona Cardinals in total offence yardage per game (418.7). As for Gronkowski, he has 49 receptions for 806 yards and eight touchdowns.

"We're playing well as an offence," Gronkowski said.

"It's not that frustrating when I get the penalty and someone else makes the play on third-and-long."

"That definitely helps out right there. Just got to keep playing the game."

THE ASSOCIATED PRESS

4

Amount of times Gronkowski has been penalized for offensive pass interference this season. No other NFL player has been flagged more than twice.



Unbeaten Patriots' tight end Rob Gronkowski says he is doing 'nothing wrong'

GETTY IMAGES

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MEGABIG.CA

RECIPE Grilled Ham Apple and Cheese Sandwich



PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh For Metro Canada

You made it to Friday! And you totally deserve this amped up grilled cheese with salty ham and sweet apple.

Ready in Prep time: 10 minutes Serves 2

- Ingredients
- 4 pieces whole grain bread
 - 2 Tbsp butter, softened
 - 4 slices ham
 - 1 cup cheddar, grated
 - 1/2 Granny Smith apple, thinly sliced
 - 1 Tbsp mayonnaise
 - 1 Tbsp yogurt
 - 1 tsp Dijon mustard

Directions

1. Mix the mayo, yogurt and mustard in a small bowl.
2. Warm up a large skillet to

medium heat. Butter one side of two pieces of bread and place them bread butter side down in the pan. Spread the mayo mix evenly across the upward facing slices while they're in the pan.

3. Divide the grated cheese in half and sprinkle it over the bread. Now lay two slices of ham onto each piece of bread. Now add a layer of apple slices. Top with the other pieces of buttered bread, butter side out.

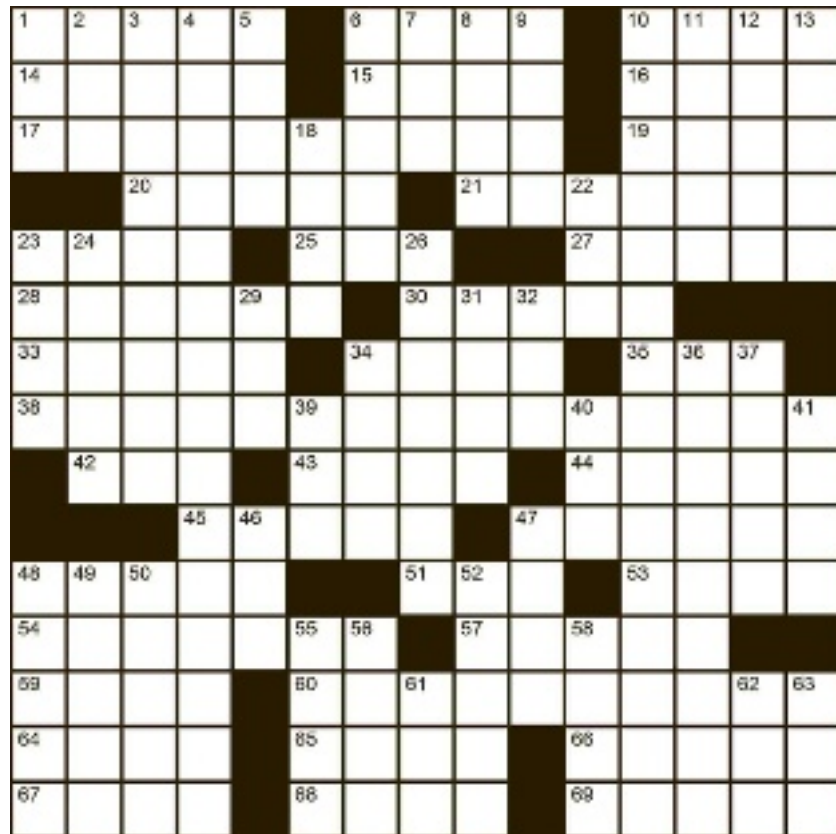
4. Place a small frying pan or plate over the sandwiches and then top it with something heavy, like a can of tomatoes. Check to see if it's ready to flip after the first piece of bread has been in the pan for about five minutes. When it looks crisp and golden, flip over and repeat the pressing action. Cook on the other side about another five minutes, but keep an eye on it. Remove sandwiches from the pan, slice in half and serve.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

- ACROSS
1. Glassmaking ovens
 6. "___ with Anna Olson" on Food Network Canada
 10. Nature's green carpeting
 14. Projecting window
 15. Online auction site
 16. Tom Jones' "___ Should Ever Leave You"
 17. Hit tunes, TV shows, Bestsellers, etc.: 2 wds.
 19. Talk
 20. Springy sticks
 21. Driveway surface
 23. Hershey's treat
 25. "Case of the Ex" songstress
 27. Willie of '80s sitcom "Charles in Charge"
 28. "See? Isn't that eggsactly what I said?": 2 wds.
 30. Wire
 33. "Family Ties" mother
 34. US crash-investigating agcy.
 35. Calif. NBA team
 38. Traditional handcrafted blankets: 2 wds.
 42. Sun. church delivery
 43. Amazes
 44. Piece of land
 45. Greek mythology shield
 47. Band-Aid injury
 48. Mine entrances
 51. "1000 Forms of Fear" songstress
 53. "The Lion King"



- (1994) lioness
54. Canadian city with the slogan 'Our Tide Is Rising'
57. ___-examination
59. Sacred symbol of ancient Egypt
60. Persuasive marketing spiel: 2 wds.
64. Lacquered metalware

65. "Lean ___" by Bill Withers
66. "Be ___ and get..." (Sugary request starter)
67. Angry snits
68. Without
69. Flavour-adders to dishes

DOWN

1. Shear
2. 'Ranch' suffix
3. Montreal... Louis-___ Lafontaine Bridge-Tunnel (St. Lawrence River crossing)
4. Sound effects from the DJ's turntable: 2 wds.
5. Garden invader
6. American flag

- seamstress, ___ Ross (b.1752 - d.1836)
7. ___ Dhabi
8. Songwriter Ms. DioGuardi
9. Optometrist's study
10. Toronto-born actor whose credits include "Total Recall" (1990), "The Perfect Storm"

- (2000) and Canadian outlaw biker gang miniseries "The Last Chapter": 2 wds.
11. Slice ___ (Carnivore's sandwich ingredient)
12. Sedimentary rock
13. Cobblestones
18. Casa ___ (Toronto attraction)
22. Chum
23. Footprint
24. Caffeine nuts
26. Rachel McAdams' profession
29. Repeated word in "She Loves You" by The Beatles
31. Questions
32. Lettered sauce
34. "___ get it!" (Aha! moment)
36. Carving material
37. Mil. rank: 2 wds.
39. "___ the Dog" (1997)
40. ___-Aztec languages
41. Plato's promenade
46. Cornerstone abbr.
47. Taverns
48. Family of Italian violin makers
49. Blood giver
50. Linen tape for trimmings
52. Slurpee-like frozen beverages
55. Bears: Spanish
56. Cute-style grandmother
58. Colourful fish
61. Alphabetic trio
62. Taxi
63. Timecard abbrs.

★ IT'S ALL IN THE STARS by Sally Brompton

♈ **Aries** March 21 - April 20
Know when to push for what you want but also when to back off. With both the Sun and Mercury moving into one of the best areas of your chart it won't take much to get the good things in life.

♉ **Taurus** April 21 - May 21
It will be easy to get impatient today but with Mercury's entry into the area of your chart that governs joint financial matters you'll need all your energy for more important issues.

♊ **Gemini** May 22 - June 21
Work hard but once you reach your targets reward yourself with plenty of rest and relaxation. Also, don't be too eager to confide your fears to people you don't know if you can trust.

♋ **Cancer** June 22 - July 23
Bring what you've been working on to a conclusion and you will have accomplished something truly worthwhile. The Sun in Scorpio unleashed the creative side of your nature — now enjoy the rewards.

♌ **Leo** July 24 - Aug. 23
You will have to deal with a rather emotional situation today, one that threatens to bring grievances to the surface. You must face your inner demons as well as external enemies.

♍ **Virgo** Aug. 24 - Sept. 23
You will be remarkably persuasive today: your way with words will win over everyone. You will also have to deal with situations that call for a more hands-on approach.

♎ **Libra** Sept. 24 - Oct. 23
Money doesn't have to be the center of your universe but you do need to make sure you get what you deserve. You've worked long and hard — don't let others take the benefits from you.

♏ **Scorpio** Oct. 24 - Nov. 22
Do something dramatic before the Sun moves out of your birth sign on Sunday. Any doubts you've had must be swept away. If it feels right to you then it does not matter what the rest of the world thinks about it.

♐ **Sagittarius** Nov. 23 - Dec. 21
There is something you need to clear up before the Sun moves into your sign at the weekend. This is the one and only chance you will get, so don't waste it.

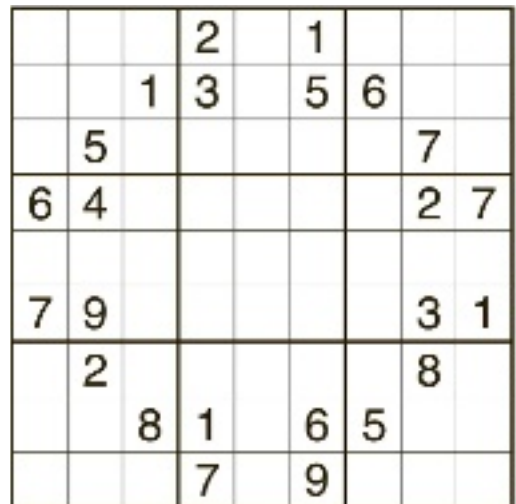
♑ **Capricorn** Dec. 22 - Jan. 20
You may be wondering why everyone is being so nice but don't let your doubts hold you back. You are liked and everyone wants to help.

♒ **Aquarius** Jan. 21 - Feb. 19
You may be a recluse but you need to get engaged with the world. If you approach someone in a position of power with a request there is every chance it will be granted, so what are you waiting for?

♓ **Pisces** Feb. 20 - March 20
Your confidence has been sky-high and you certainly won't be afraid to take chances. That the possibility of failure never enters your mind means that success is more likely — maybe even guaranteed.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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